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- Ph.D. in Classical Chinese Medicine

**COURSE DESCRIPTIONS**
Welcome to the American University of Complementary Medicine (AUCM), a private institution that provides a remarkable and unique educational experience. Currently, complementary health care is enjoying a surge in popularity worldwide. Health care providers and their patients are recognizing the safety and effectiveness with which these comprehensive natural healing systems benefit health and ameliorate disease. Now is the optimal time to become immersed in the study and practice of these exciting and burgeoning fields.

Our mission at AUCM is to provide the best education and training possible in complementary and alternative health care, empowering our students to become gifted, compassionate clinicians and creative, innovative scholars. At AUCM, intellectual pursuits are interwoven with experiential learning and an emphasis on personal growth, healing, and conscious living. It is our desire that AUCM graduates set the highest standards for practitioners in complementary and alternative health care.

If you are sincerely interested in learning one or more of these comprehensive systems of complementary and alternative medicine, I invite you to explore the American University of Complementary Medicine.

Brandon Horn, L.Ac., JD., PhD. President
American University of Complementary Medicine (AUCM) is dedicated to providing quality instruction and education for health care professionals and non-professionals in the fields of complementary and alternative medicine. Formerly known as Curentur University and founded in 1995, AUCM is fast becoming recognized as one of the finest schools of complementary and alternative medical health care in the nation. American University of Complementary Medicine is a private, non-profit university approved to operate in the State of California by the Bureau for Private Post-secondary Education (BPPE) as a certificate and degree-granting institution. AUCM and its degree programs are not accredited by an accrediting agency recognized by the United States Department of Education.

The Journal of the American Medical Association (Eisenberg, et al., 1998) reported that 42% of Americans used complementary and alternative medicine in 1997, spending an estimated $21.2 billion for this care, an amount that exceeded expenditures on hospital care for the same period of time. These statistics highlight the necessity for quality education and training in complementary and alternative medicine.

Our Artharva Vedic Psychology and Lifestyle Counseling, Asian Bodywork, Ayurvedic Medicine, Ayurvedic Yoga Therapy, Clinical Aromatherapy, Herbology, Holistic Health, Homeopathic Practitioner, and Nutritional Medicine certificate programs are designed to address the needs of current health care practitioners who would like to explore complementary and alternative medicine less comprehensively than degree programs offer. They also are designed for health-conscious people whose interest in health-related modalities range from personal growth and work exclusively with family and friends to pursuit of vocational level training in healthcare. Students who complete the Asian Bodywork certificate programs are eligible to undergo examinations to be certified by the American Organization of Bodywork Therapies of Asia (AOBTA, and they are eligible for licensure in massage in most municipalities in California).

The Associate of Arts in Asian Bodywork and the Bachelor of Arts in Holistic Health Studies provide educational foundations for those who wish to prepare themselves for careers in complementary and alternative medicine, while training students in basic skills in these areas.

The Master of Science in Nutritional Medicine provides a solid foundation in the practice of these forms of complementary and alternative medicine.

The Doctoral programs in Ayurvedic Medicine, Classical Chinese Medicine and Homeopathy provide extensive education and training for serious health professionals in the fields of complementary and alternative medicine, preparing clinicians for professional roles in practice, scholarship, research, and education. Students must meet the admissions standards and requirements for doctoral training.

The practice of Homeopathy and Ayurvedic Medicine is not currently licensed in the State of California. Several states do, however, have certain licensing requirements that govern the practice of Homeopathy. Students are advised to inquire about such requirements for the State in which they reside before undertaking a course of study. In California, graduates of AUCM’s homeopathy programs may practice under the California Health Freedom Act (see page 2). Many aspects of the practice of Ayurvedic Medicine could be covered under massage licenses in most cities in California.

We invite you to explore the world of complementary and alternative medicine with us.
University Mission

The mission of American University of Complementary Medicine is to respond to the needs for developing competently trained practitioners, theoreticians, educators, and researchers in the field of complementary and alternative medicine through doctoral degree programs, sound beginning practical skills in complementary medicine through certificate programs, and the educational foundation for students who desire to pursue advanced training in complementary and alternative medicine through the associate of arts and bachelor of arts degree programs.

In today's society, educators and healthcare providers need to be able to address health issues from broad perspectives and understand practices within their cultural contexts as well as in the context of world health issues. The programs at American University of Complementary Medicine encompass a variety of world views, complementary medical practices, personal and social values, philosophical perspectives, spiritual practices, and global awareness.

The clinical doctorate programs in Ayurvedic Medicine and Homeopathy are for the serious, committed student who is interested in undergoing comprehensive education in all aspects of the medicine and seeking preparation for clinical practice, but, possibly, also for a role in research and education. They were designed for those who have already received a Bachelor's degree or higher education, and these programs may be of special interest to Ayurvedic practitioners, physicians, acupuncturists, psychologists, nurses with bachelor's degrees, dentists, nutritionists, homeopaths, chiropractors, naturopaths, osteopaths, veterinarians, physical therapists, or other responsible, caring individuals committed to promoting natural healing in a professional manner.

The Ph.D. level programs in Ayurvedic Medicine and Homeopathy are for the above-mentioned individuals who are especially desirous of developing skills in theory, inquiry, and applied research in the field of complementary medicine.

The Ph.D. program in Classical Chinese Medicine is designed to develop competently trained theoreticians, researchers, and clinicians in the field of Chinese medicine by preserving the rich historical, philosophical, and oral traditions in Classical Chinese Medicine and increasing their applicability to treatment in modern America. Licensed acupuncturists, recently educated in California schools, have spent four years studying Chinese medicine, but for the most part they have learned Traditional Chinese Medicine (TCM), the name given to the systemized and homogenized practice of Chinese medicine in the post-Cultural Revolution People's Republic of China. The education and training in Classical Chinese Medicine is based upon an intensive study of the classics in Chinese medicine and an incorporation of much knowledge from oral traditions, while preparing students for professional roles in scholarship, research, and education.

These programs interweave intellectual pursuits with experiential learning and an emphasis in personal growth, health, and conscious living. In addition to these basic elements, each program features its own mission.

At American University of Complementary Medicine, learning, teaching, and research proceed along three parallel lines: the intellectual, the experiential, and the applied:

- **Academic study**, using the accepted methodologies of the scientific and scholarly disciplines;
- **Personal experience** of the intuitive, affective and spiritual dimensions;
- **Practical application** of insights gained and skills learned in field work, study and research projects.

This institution does NOT have a pending petition in bankruptcy, it is NOT operating as a debtor in possession, it has NOT filed a petition within the preceding 5 years, nor has it had a petition in bankruptcy filed against it within the preceding 5 years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq).

QUESTIONS ABOUT THE CATALOG

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833; P.O. Box 980818, West Sacramento, CA 95798-0818; www.bppe.ca.gov, toll-free telephone number (888) 370-7589; 916-431-6959 or by fax (916) 263-1897.
Financial Funding
The American University of Complementary Medicine (AUCM) is a non-profit educational organization dedicated to providing educational excellence and a forum for research into alternative therapies in medicine. AUCM draws its financial support from tuition, fees and (tax deductible) gifts and grants. Your gifts support the education of future practitioners and our community clinics.

Student Association
All students who register to take a course for credit are automatically members of the "Friends of AUCM" Student Association. A fee of $24 per year allows the association to convene occasional meetings and sponsor special projects. Student issues are submitted to the administration and faculty by members of the Student Association. These members schedule events paid for by the Student Association fees. Members of the association are represented on university committees that develop scholastic and business directives that impact students.

Alumni Association
The Alumni Association encompasses former students and graduates. The Alumni Association supplies a means for reciprocal communication between former students, graduates, and the University. In addition, the association is dedicated to improving career development, placement, and networking among its members, raising money for the university, planning social events, and utilizing members’ expertise to benefit current students and their projects.

Facility Location/Description
AUCM is located in a charming, 2-story 1930s colonial style building in the heart of Beverly Hills. Facilities include clinical rooms, classrooms, a specialized library in complementary and alternative medicine, and administrative offices on 415 N. Camden Dr. Ste. 214, Beverly Hills, CA 90210. Additional classes are held at satellite locations: Crossroads School - 1712 21st Street, Santa Monica, CA 90450; 11862 Balboa Blvd., Granada Hills, CA 91344; 5910 Monterey Road, Los Angeles, CA 90042; and 1306 Monte Vista Blvd., 8, Upland, CA 91786. Classroom equipment includes the use of audio, video, PowerPoint slides and other traditional teaching aids.

Library Services and Use Policy
Students at the American University of Complementary Medicine have library facilities available to them through the following sources:

1) The school’s on-campus reference library provides students with access to specialized volumes in complementary medicine, multimedia instruction, and hundreds of video-taped lectures and seminars. The library is available for use during regular business hours and during class sessions. If the door is locked, please request that one of the staff open the room for you. Students are asked to be quiet and courteous when in the library. Library books are for reference and are to be used within the confines of the library at this time.

2) Students are required to purchase a UCLA Library Card (price: $100 per year). This card gives students access to all of UCLA’s libraries (located approximately two miles from AUCM) including the Health and Sciences Library. Materials available to students through UCLA include the full array of print, multimedia, and on-line resources.

THE CALIFORNIA HEALTH FREEDOM ACT AND THE PRACTICE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE IN THE STATE OF CALIFORNIA

In 2002, the California Legislature enacted the Health Freedom Act (Senate Bill SB 577), which protects Californians’ access to alternative health care. Beginning January 1, 2003, the Act gives Californians the right to seek services from complementary and alternative health care practitioners who are not providing services that require medical training and credentials and who are not otherwise licensed in this state. The Act stated, “The Legislature further finds that these non-medical complementary and alternative services do not pose a known risk to the health and safety of California residents.”

Under this Act, persons practicing in the fields of complementary and alternative medicine taught at the American University of Complementary Medicine (excluding acupuncture and bodywork/massage, which are licensed in this state) may do so legally, provided that they:

1) Disclose to the client in plain written language understandable by the client that he or she is not a licensed physician, that the treatment is alternative or complementary to healing art services licensed by the state; and that the services to be provided are not licensed by the state.

2) Disclose to the client in plain written language understandable by the client the nature of the services to be provided; and the theory of treatment upon which the services are based;

3) Disclose to the client in plain written language understandable by the client the person’s educational and other training, experience, and other qualifications regarding service to be provided;

4) Obtain a written acknowledgement from the client that he/she has been provided with the information described in subsections (1), (2), and (3) of this subdivision. The client shall be provided with a copy of the written acknowledgment, which shall be maintained by the person providing the service for three (3) years.”
Student Services & University Policies

Admissions Requirements

Admission to American University of Complementary Medicine

Individuals interested in taking courses for credit must be admitted to the university before registering for or attending classes. The admission process examines both the academic and personal qualifications of all applicants. Failure to follow the required admission procedures, provide all requested documentation or declare all prior enrollments in post-secondary institutions may result in a delay in the application process, denial of admission or dismissal from the University.

The Catalog, Application and Information Packet

Prospective students to AUCM Programs can obtain Acrobat files of the catalog and applications either from our website at www.aucm.org under the “Admissions” section or from the Admissions Office: American University of Complementary Medicine, 415 N. Camden Drive, #214, Beverly Hills, CA 90210, or by calling (310) 550-7445, or by e-mailing: marketing@aucm.org. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are encouraged to review the school Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

Academic Counseling

Students who are admitted to a degree or certificate program are entitled to formal academic counseling by the Dean. Counseling appointments may be scheduled with the Dean’s Office. The Registrar’s Office will be available for counseling regarding transcript evaluation, transfer credit, and challenge credits for degree and certificate requirements.

Application and Admissions as a Certificate Program Student

Applicants for the Certificate Programs must be at least 16 years old and be of good character, have a sense of commitment to alternative medicine and the desire to help others. The following items will be required from each certificate student applicant during the admission process:

- Completed application form
- Evidence of High School graduation, equivalent documents, other post-secondary education, or for students who have not earned a high school diploma or its equivalency, the satisfactory passing of the Ability to Benefit exam*.
- Appropriate non-refundable application fee in U.S. dollars

*Ability to Benefit Exam and Policy

Students who do not have a high school diploma or its recognized equivalent may be admitted into AUCM’s certificate programs, after passing the Wonderlic Basic Skills Test (WBST) Verbal Forms VS-1 & VS-2 (Quantitative Forms QS-1 & QS-2. This is an online version of the tests.). Please note that the Passing Scores are: Verbal (200), Quantitative (210).

Application and Admissions for the Associate of Arts Degree

Applicants for the Associate of Arts degree program must be high school graduates or have the equivalent education as indicated by a GED, California High School Proficiency Certificate, diploma, military education (as evidenced on a DD-214 or similar document), or evidence of other post-secondary education.

The following items will be required from each A.A. degree applicant during the admission process:

- Completed application form
- Appropriate non-refundable application fee in U.S. dollars
- Evidence of High School graduation, equivalent documents, or other post-secondary education
- Personal interview (in person or via telephone)
Application and Admissions for the Bachelor of Arts Degree

Applicants for the Bachelor of Arts degree program must complete a minimum of sixty units of general education with a minimum of a 2.0 grade-point average.

Applicants for the B.A. must submit the following:

• Completed application form
• Appropriate non-refundable application fee in U.S. dollars
• Two letters of recommendation
• Application essay
• Two passport-size photographs
• Official transcripts of all post-secondary education
• Personal interview (in person or via telephone)

Application and Admissions for the Master’s Degree Program

Applicants for the Master’s program must have completed a Bachelor’s degree with a minimum of a 2.5 grade-point average.

Applicants for the Masters program must submit the following:

• Completed application form
• Appropriate non-refundable application fee in U.S. dollars
• Two letters of recommendation
• Application essay
• Two passport-size photographs
• Official transcripts of all postsecondary college or university education
• Personal interview (in person or via telephone)

Application and Admissions to the Clinical Doctorate and Doctor of Philosophy (Ph.D.) Degree programs

Applicants to the Ph.D. program in Classical Chinese Medicine must have completed a Master’s degree in Oriental Medicine (or equivalent of a Bachelors degree and a minimum of 30 semester units in a Master’s degree program in acupuncture or Oriental medicine) with a 3.0 minimum average. Applicants for the Clinical Doctorate or Ph.D. programs in Homeopathy and Ayurvedic Medicine must have a Bachelor’s or higher degree from a state-approved or accredited educational institution. The applicant’s essay, letters of recommendation, and personal interview should indicate strong motivation for completing the program and suitability for training as a practitioner/scholar in the field of complementary or alternative medicine.

Applicants for the Doctoral programs must submit the following:

• Completed application form
• Appropriate non-refundable application fee in U.S. dollars
• Two letters of recommendation
• Application essay
• Two passport-size photographs
• Official transcripts of all undergraduate and graduate education
• Official score on the GRE, MAT, or satisfactory score on American University of Complementary Medicine’s
Admission as an Auditor

Individuals who want to attend classes without receiving academic credit must register for classes and pay the requisite fees. However, auditors do not need to apply for admission to the University. Auditors take part in class discussions and activities but do not prepare or submit written assignments or take examinations. Auditors must be approved by the Registrar or Academic Dean, who will determine that they meet the prerequisites for the course work they would like to audit.

International Students

Classes will be taught in English only. AUCM does not offer classes in any other language; however, AUCM admits highly qualified international students who meet both AUCM’s and Homeland Security’s Citizenship & Immigration Service requirements (students must secure their own authorization to remain in the U.S. for study, i.e. via possession of a green card or other satisfactory authorization). AUCM does not currently have I-20 status from Homeland Security Citizenship & Immigration Services and does not assist international students in securing an F1 or M1 visa. AUCM requires prospective international students to have an academic background equivalent to educational preparation in the United States, to fulfill the specific application and admission requirements of the degree or certificate program, and to speak and write English.

The Test of English as a Foreign Language (TOEFL), which preferably includes the Test of Written English (TWE), is required of all international students whose native language is not English, unless they have successfully completed other post-secondary education in the United States, excluding English as a Second Language course work. For applicants required to take the TOEFL examination, only applicants scoring above 550 on the TOEFL exam are considered for admission. In addition to the TOEFL, applicants and/or students may be required to take University-administered writing competency examinations. AUCM does not provide ESL instruction or other English Language services.

To apply for admission to the University as an international student, all graduate level applicants must submit to the University the following:

- A completed application form
- The appropriate non-refundable application fee in U.S. dollars
- Two letters of recommendation
- Application essay
- Two passport-sized photographs
- TOEFL score report, if English is not the native language
- Certification of finances in U.S. dollars
- Official transcripts of all post-secondary work in original language
- Certified translations of all school transcripts, if not in English
- including any post-secondary work and any degrees or certificates awarded
- Applicants will be required to have transcripts evaluated by an evaluation service

International applicants who want to transfer from other accredited U.S. educational institutions must fulfill all application and admission requirements and be in good standing as full-time students at their current institutions. The deadline for submission of the application and all supporting documentation is three months prior to the trimester of intended enrollment.
Letters of Recommendation

All applicants in graduate degree programs must submit two letters of recommendation. The two letters must be sent directly to the university from individuals to whom the applicant’s background and his/her academic skills are well-known. If possible, one letter should originate from someone with a graduate degree in the field the applicant wishes to study. Each letter should describe the referencing person’s relationship to the applicant and the length of time they have been acquainted; the applicant’s aptitude for the course of study to which the student has made application; the applicant’s ability to think, work, and study independently; and the applicant’s strengths and weaknesses. In accordance with the Family Education Rights and Privacy Act of 1974, applicants are permitted to see all references submitted with their application for admission, unless the right to this access has been waived by the student.

Student Application Essay

Each applicant to AUCM’s graduate degree programs must submit a well-structured, understandable application essay that meets the standards of clear, skillful academic writing. The material should possess a logical structure, utilize appropriate vocabulary, and follow accepted rules of grammar. This essay must be typed, double spaced, neatly on a computer, word processor, or typewriter and must not exceed two pages in length. It should discuss the academic, intellectual, and professional aspects of one’s life in narrative form before applying to AUCM. Academic and personal ambitions, projects, and pastimes should be related insofar as their influence on his/her academic future and prospective profession. It should include a brief explanation of why the person has chosen to pursue a degree from AUCM, along with an account of what he/she expects from the studies and which specialization or subject area the applicant wants to explore and master.

Transcripts

All applicants with a degree must submit official transcripts of their degree(s) from approved or accredited schools. AUCM will verify the existence of the degree or its equivalent. Applicants without a bachelor’s degree must submit all documentation of college credits earned and make an appointment with the Registrar’s Office. Applicants for the Associate of Arts Program must submit evidence of high school graduation or a copy of their GED.

Official transcripts encompassing all postsecondary education must be sent directly from the issuing institution to the AUCM Admissions Office. In addition, transcripts must bear the official seal of the institution and indicate all degrees earned. Upon receipt, transcripts become the property of AUCM and will not be returned. This information is protected by federal law. Under the Family Education Rights & Privacy Act of 1974, as amended, release of information about your program is only available under certain prescribed conditions. If you have questions about these conditions, please write the Office of the Registrar or telephone us for additional detailed information.

Personal Interview

When a student has fulfilled all of the requirements for admission to AUCM, the student will be contacted by telephone to arrange either an in-person or telephone interview with a University faculty or administration member. The student’s completed application and interview rating sheets then are reviewed by the AUCM Admission Committee, which makes final admissions decisions.

AUCM does not discriminate in admissions decisions on the basis of gender, ethnicity, sexual orientation, religion, etc.
Student Services & University Policies
Admissions Requirements

Challenge and Transfer Credits
Transfer credit may be awarded for applicable coursework completed at other post-secondary institutions with verification of transferability by the Registrar’s Office and approval by the Dean. Up to 6 units may be transferred and a limit of 27.5 units (14.5 units for Masters level programs) toward a degree may be granted by the challenge exam and transfer method for Required Courses. Prerequisite and Co-Requisite courses have no transfer limits.

Courses will be considered for transfer credit if relevant to the degree program and completed with a grade of C or higher, or the equivalent if another grading system was used.

Challenge exams are available when students have evidence on a transcript of coursework completed in an area of study but are unable to fully document the completeness or level of the material covered in that course. All requests for challenge exams must be approved by the Dean. Challenge examinations are comparable to a final examination in the course in which the student is asserting competency. All transfer and challenge exam requests should be made at the time of matriculation into the university.

AUCM does not currently award credit for prior experiential learning.

Notice Concerning Transferability of Credits and Credentials Earned at our Institution
Due to the unique nature of the natural medicine programs at the American University of Complementary Medicine (AUCM), the university does not currently have any articulation or transfer agreements with other institutions, colleges or universities. The transferability of credits you earn at AUCM is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the degree, diploma, or certificate you earn in AUCM is also at the complete discretion of the institution to which you may seek to transfer. If the credits or degree, diploma, or certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending AUCM to determine if your credits or degree, diploma or certificate will transfer.

Financial Aid
AUCM does not participate in any federal or state financial aid programs. Financial aid may be available from a variety of private lending institutions. AUCM does offer a payment plan policy which allows the student to pay for each term’s tuition over the course of that term, interest-free. Payment is 1/2 of tuition down and the remainder divided over the last 3 months. Contact the Registrar’s Office to make payment arrangements. Students may opt to pay educational expenses with MasterCard, Visa, Discover, and American Express. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, if the student receives federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal financial aid funds.

Housing
AUCM is located in Beverly Hills, twenty minutes from Los Angeles International Airport, in an urban area bordered by freeways. There are no dormitory facilities administered by AUCM. There are, however, apartments available within a 2-5 mile radius. AUCM is located relatively close to UCLA and Santa Monica College, as well as a number of Oriental Medical schools, making shared student housing readily available. Monthly rentals vary greatly and students on a budget are encouraged to find shared rentals to reduce housing expenses. Additionally, for those attending weekend courses from outside the area, there are numerous hotels in close proximity ranging in rates from $60 to $100 and more per night. AUCM assumes no responsibility to find or assist a student in locating housing.
Tuition

AUCM offers three fifteen-week trimesters of instruction per year. One trimester unit of classroom instruction equals 15 hours of instruction and one internship/externship unit of instruction equals 30 hours of training.

The complete tuition and fee schedule (including the explanation of all charges) is available from the Registrar’s Office and is distributed at Registration. Tuition may be refundable based upon the formula established by The Bureau of Private Postsecondary Education (BPPE). All tuition charges are per unit.

Tuition payments are for total units per term and can be made in installments in the same trimester.

- Certificate Programs (per unit): $200
- A.A. Degree Program (per unit): $250
- B.A. & M.S. Degree Programs (per unit): $275
- Ph.D. and Doctoral Degree Programs (per unit): $300
- Certificate, A.A. Internship/Externship (per unit): $430
- M.S. Internship (per unit): $500
- Doctoral Degree Internship/Externship (per unit): $570
- Doctoral Dissertation (per unit): $450
- Auditors (per unit) for registered students (who have taken the course previously): $125
- Auditors (per unit) for non-registered students: $215

Application Fee (Applications received without payment will not be processed.)

- Auditor/Certificate: $75
- Degree Student: $75
- International Student: $75

Other Fees

- UCLA Library per year: $100
- Challenge Exam, per exam: $250

Previous Student Tuition Recovery Fund (STRF) charge: $.50 per $1,000 tuition (rounded to nearest $1,000).

Effective January 1, 2015, the Student Tuition Recovery Fund (STRF) assessment rate will be zero ($0) per $1,000. Therefore, all institutions required to collect STRF assessments must stop collecting STRF assessments from students. The STRF rate is subject to change based upon the balance in the STRF account. Statute requires the Bureau begin collecting if the balance falls below $20 million ($20,000,000.00) and caps the account at $25 million ($25,000,000.00).

Fees:

- Late Payment Charge, per missed payment: $100
- Returned Check Fee: $35

(Tuition for each term may be paid in installments over the course of that same term using a credit card guarantee or automatic bank debit agreement)

Transcripts

- Rush Transcript, in one working day: $15
- Transcript, per copy: $10
Estimated total cost of total program, including: tuition, cost of books, materials, application fee, UCLA Library fee (excludes prerequisite courses):

- Associate of Arts in Asian Bodywork (East Asian Option)................................. $16,775
- Associate of Arts in Asian Bodywork (Ayurvedic Bodywork Option).................. $16,595
- Bachelor of Arts in Holistic Health.................................................................... $17,375
- Master of Science in Nutritional Medicine....................................................... $23,875
- Doctor of Ayurvedic Medicine........................................................................... $44,515
- Ph.D. in Ayurvedic Medicine ............................................................................. $51,090
- Ph.D. in Classical Chinese Medicine .................................................................. $23,925
- Doctor of Homeopathic Medicine................................................................. $45,655
- Ph.D. in Homeopathy ...................................................................................... $51,680
- Certificate Program in Ayurvedic Medicine (660 hours)................................... $9,825
- Homeopathic Practitioner Certificate (420 hours).......................................... $6,395
- CCH Option (1,230 hours in preparation for CCH Exam)................................. $15,415
- Certificate Program in Botanical Medicine (240 hours)..................................... $3,675
- Certificate Program in Clinical Aromatherapy (240 hours)............................... $3,675
- Certificate Program in Arthava Vedic Psychology & Lifestyle Counseling (690 hours)........... $10,225
- Certificate Program in Asian Bodywork (675 hours)......................................... $10,025
- Certificate Program in Ayurvedic Yoga Therapy (660 hours)............................ $9,825
- Certificate Program in Nutritional Medicine (360 hours)................................. $5,275

Schedule of total charges for a period of attendance (the following is an example of the cost of tuition, fees, books and materials that might be expected for a full-time certificate student for their first trimester of enrollment. Cost of tuition per unit will differ for degree programs, but the fees are the same):

- 12 units x $200 per unit = $2,400
- One-time application fee = $75.00
- UCLA library fee ($100 per year amount divided by trimester) = $33.33
- Estimate of cost of books and materials ($300 per year divided by trimester) = $100

Total estimated cost for the first full-time trimester for a certificate student: $2,608.33

No student may enroll for classes in a term if there is outstanding debt owed from a previous term. Students failing to pay for tuition and fees may be put on Administrative Suspension until their debt is satisfied.
Textbooks and Course Materials
A list of required textbooks and materials for each course will be either available through the Registrar’s Office before the beginning of each program or will be announced by the instructor on the first meeting day of the course.

Student Rights - Retention of Records
AUCM will maintain student records for five years, as required by state law. Student transcripts will be maintained for fifty years.

Cancellation Policy
A student has the right to cancel his or her enrollment agreement, including any equipment or other goods and services included in the agreement, and receive a full refund of charges (less administration fee) paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. The cancellation takes effect when the school receives written Notice of Cancellation at AUCM, 415 N. Camden Drive, #214, Beverly Hills, Ca. 90210. Any written expression that states the student wishes not to be bound by the agreement will serve as Notice of Cancellation to the school. If the student mails a Notice of Cancellation to the school, it becomes effective as of the postmark, if properly addressed with proper postage. A student is due a complete refund within thirty days after the school receives a valid Notice of Cancellation. However, if the student received any equipment, it must be returned to the school within thirty days of the date of the Notice of Cancellation. If it is not returned, the school may deduct the documented cost of the equipment from the amount of the refund.

Placement Services
AUCM does not provide any placement services for its graduates.

Experiential Learning
AUCM does not provide credit for prior experiential learning.

Accreditation
The degree programs at AUCM are not currently accredited by an accrediting body approved by the U.S. Dept. of Education. The degree programs at AUCM do not allow one to sit for licensure. A degree program that is unaccredited or from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California.
Refund Policy

A student has the right to withdraw from school at any time and receive a refund for that part of the course not taken, for which the student paid. If a student withdraws any time following the attendance at the first class session or beyond the seventh day after enrollment, whichever is later, the student is entitled to only a partial refund. The notice of withdrawal and the request for refund must be made in writing. The amount of that refund is to be “pro-rated” according to the incomplete portion of the course up to 60 percent, less the cost of any unreturned equipment and a registration/administration fee of $100.00. The formula for refund calculation is as follows: The $100 registration/administration fee is deducted from the total amount of the tuition. This amount is then divided by the number of hours in the course to obtain an hourly rate which is multiplied by the number of hours that the student actually completed, and subtracted from the amount of money paid by the student (less the administration fee). The refund is to be paid within 30 days of withdrawal. A refund notice is to be sent to the student 30 days after the refund is made. After completing 60 percent or more of the course, the student will receive no refund. The formula is as follows:

For example, if the student completes only 15 hours of a 45-hour course and paid $645 tuition, a $100.00 registration fee would be deducted from the total tuition and the remainder would be prorated, so that the student would receive a refund of $363.34.

\[
\begin{align*}
\text{Prorated Amount Student Owes} & = \frac{\$545.00}{45} \times 15 \\
\text{Tuition Paid:} & = \$645.00 \\
\text{Prorated Amount:} & = -\$281.66 \\
\text{Amount Refunded to Student:} & = \$363.34
\end{align*}
\]

For Distance Learning courses the refund shall be calculated as follows:

A $100 registration/administration fee will be deducted from the total tuition. Then this figure is further divided by the total number of lessons to find the “per lesson” charge. The “per lesson” charge is multiplied by the total number of lessons the student has received and added to the $100 administration fee. The refund amount is then calculated by subtracting this amount from the total tuition for the course.

AUCM reserves the right to cancel, reschedule, or combine courses, and to change instructors. If a course is canceled or rescheduled, you may request an official transfer to another course or refund of enrollment fee.

AUCM admits students of any race, religion, color, and national or ethnic origin.
Changes in Registration

Students who wish to make a change or alteration in their registration must contact the Registrar’s Office for an Add/Drop Form along with the required tuition and fees. The number of course hours completed at the time of the change in registration is the decisive issue that resolves whether refunds are payable for the dropped courses and determines the amount of fees paid. The add period is the first three weeks of each Program. See AUCM’s refund policy for amount of refund available for dropped courses. No refund is granted for classes dropped after sixty percent of the class hours are completed. Courses may be dropped with written notice only. Telephone communication is not acceptable. A facsimile communication signed by the student will be accepted as long as the student completes the add/drop form as required. No fees accrue if a course is canceled by the University.

Distance Learning Enrollment Agreement and Evaluation Response Time

Some of the University’s programs are offered through distance learning instruction. All units/lessons will be completed and the required work will be submitted to AUCM. An institution offering a distance education program where instruction is not offered in real time shall transmit the first lesson and any materials to any student within seven days after the institution accepts the student for admission. The student shall have the right to cancel the agreement and receive full refund pursuant to section 71750 before the first lesson and material are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund pursuant to section 71750. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 day after the student’s return of the materials. Upon receipt of the distance learning students’ lessons, projects, or dissertations AUCM shall provide a response or evaluation within 10 days.

Withdrawal

A student who chooses to withdraw from a class or classes must officially notify the Registrar’s Office in writing and file an add/drop form with the Registrar’s Office. Students may withdraw and receive a Withdrawal (W) grade any time before a class ends. However, if a student stops attending a class but neglects to withdraw from the class officially, the student will receive an Unsatisfactory Withdrawal (UW) notice.

Leave of Absence

Students who are prevented by extraordinary personal or professional reasons from attending AUCM for two or more consecutive months, but plan to return as soon as possible, must apply for a formal leave of absence. The duration of such a leave will not be longer than a year after the end of the student’s program.

The student acquires from and returns a Leave of Absence Form to the Dean’s Office. The Dean informs the Registrar’s Office that the leave has been approved and stipulates the length of the leave. Before taking an approved leave, the student meets with the Dean. In addition, the student must inform the Dean’s Office before his/her return and schedule another meeting with the Dean.

Students on approved leave are not held accountable for changes in degree requirements that were instituted during the leave. If the student attends another academic institution during leave and completes classes that are relevant to the AUCM degree programs, the student must forward official transcripts to AUCM.

Student Rights - Grievance & Complaint Procedures

A Student Grievance Committee enables students to pursue grievances against the administration or faculty. The Committee is composed of the Department Chair (for the program in which the student is enrolled), who will serve as Chair of the Grievance Committee, the President of the Student Association, and a faculty member appointed by the Academic Dean. The Grievance Committee will:

A. Hear the grievance.
B. Hear the university’s response, including any charges against the student.
C. Review any actions taken either by the student or by the University or its members.
D. Gather relevant information by such means as are appropriate.
E. Prepare a recommendation to the Academic Dean/President.
F. If the circumstances include the Academic Dean/President, and the Academic Dean/President does not accept the recommendations of the committee, the chair will refer the matter to the Secretary of the Board of Directors, for the Board of Directors’ decision. In all other circumstances, the decision of the President shall be the final decision.
G. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau’s internet web site: www.bppe.ca.gov.
Student Rights under the Student Tuition Recovery Fund (STRF)

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and

2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or

2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.

2. The school’s failure to pay refund or changes on behalf of a student to a third for license fees or any other purpose, or to provide equipment or materials for which a change was collected within 180 days before the closure of the school.

3. The school’s failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.

4. There was a material failure to comply with the Act or the Division within 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.

5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

Academic Advisors

When a student enrolls in a certificate or degree program, the AUCM Dean’s Office will assign a faculty advisor to the student based upon the student’s program and particular interests the student has indicated. He or she will meet with the student early on in the first semester to get acquainted, to discuss the student’s career goals and aspirations, and to answer any questions regarding the academic program. Since the AUCM programs’ curriculum is defined in terms of specific requirements, prerequisites, and sequences of courses, usually a minimum of academic advising is required. However, the advisor will meet with the student at least once a semester to review the student’s progress, counsel him or her, as needed, regarding performance problems, and provide professional socialization.

In the case of master’s or doctoral degree students, the faculty advisor assists the student with professional and institutional issues until the student selects either a master’s project advisor or a doctoral dissertation mentor or chair, respectively. Once selected, the master’s project advisor or dissertation mentor or chair becomes the student’s advisor for the remainder of the program.

Externships/Internships

Externships and internships are completed in AUCM’s Community Clinic under the supervision of AUCM’s clinical faculty members.

Student Code of Conduct

AUCM encourages the utmost professional and ethical academic conduct by each student. The Dean will review all cases of academic dishonesty or behavior which disrupts the orderly activity of the University. (See Student Handbook for details).

Incomplete

An Incomplete (I) grade is given at the instructor’s discretion to a student who has demonstrated satisfactory attendance and assignments throughout the majority of a class (including independent study), but cannot finish the remainder of his/her required assignments before the end of the course. A student is obligated to notify the instructor of his/her need for an Incomplete, obtain an Incomplete Grade Form, sign the form, and submit it to the instructor, who files it with the student’s final grade for the course.

An Incomplete must be made within one-year of the course. If the Incomplete is not completed by the student before the stipulated deadline, the student’s final grade becomes [I], and the student receives no credit for the course.
Academic Grading Symbols

- **A** Exceptional 4.0
- **A-** Exceptional 3.7
- **B+** Above Average 3.3
- **B** Average 3.0
- **B-** Below Average 2.7
- **C+** Unacceptable 2.3
- **C** Unacceptable 2.0
- **C-** Unacceptable 1.7
- **D** Unacceptable 1.0
- **F** Failure 0
- **CREDIT or PASS** Credit 0
- **NO CREDIT** No Credit 0
- **Unauthorized Withdrawal** No Credit 0
- **Withdrawal** No Credit 0
- **Incomplete** No Credit 0
- **Auditor** No Credit 0

Grades of C+ and C are not acceptable in a graduate program. A graduate student must achieve a cumulative grade point average (GPA) of 3.0 to earn a degree. A cumulative GPA below 3.0 will place a student on academic probation.

## Academic Probation & Dismissal Policy

The Chief Academic Officer may place a student on academic probation if the student is not making satisfactory academic progress as per the University’s published policy. Should the GPA fall below that required for graduation, a student may be placed on academic probation. A formal advisory will be sent to the student with the reason for the probation. Failure to maintain satisfactory academic progress may result in dismissal from the program. The Chief Academic Officer may place on probation or dismiss a student for any of the following: cheating or plagiarism; forgery, alteration or misuse of University documents, records or identification; knowingly furnishing false information to the University; misrepresentation of oneself to be an agent of the University; destruction of campus property; or obstruction of the campus educational or administrative process; abusive behavior toward any member of the University community; unauthorized entry into, unauthorized use, or misuse of University property; sale or knowing possession of illegal narcotics on campus; lewd behavior on University property or at a University function; violation of any order of the University President, notice of which has been given prior to such violation and during the academic term in which the violation occurs, either by publication or by posting on an official bulletin board designed for this purpose; soliciting or assisting another to do any act which would subject a student to dismissal, suspension, or probation pursuant to this section. See Student Code of Conduct in the Student Handbook.

## Grade Point Average and Grade Reports

Grade point average (GPA) is determined by dividing the total number of grade points earned by the total number of units completed in letter-graded courses. If a course has been repeated, only the units and grade points earned for the higher passing grade are computed in the GPA. In letter graded courses, units with grades of NC, W, I, NR or are not computed in the GPA. In CR/NC graded courses, the UW grade is equivalent to NC. In letter graded courses, the UW grade is equivalent to an F; units with a UW grade are computed in the GPA with zero grade points. The Registrar’s Office will have grades available during the 4th week of the trimester following course completion. Students who want to know a specific course grade prior to receiving the official grade report should leave a self-addressed postcard with the instructor.
Certificate Programs

Homeopathic Practitioner

The objectives of this certificate program are to enable the students upon completion of the course to understand the basic principles of homeopathy, the nature of homeopathic remedies, how they are prepared, how to effectively select and use homeopathic remedies in acute “first aid” situations (including pets), and how to effectively educate others regarding the selection and use of homeopathic remedies in long-standing (“chronic”) situations for health and vitality enhancement purposes.

Practice of Homeopathy may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

The Council for Homeopathic Certification also offers an exam to become a Certified Classical Homeopath (CCH). Students who desire to sit for this exam can fulfill the requirements by completing the coursework and supervised clinical hours in the “CCH Option.” For more information about the CCH exam, please visit www.homeopathicdirectory.com.

HM 050  Principles of Homeopathy
Students will receive a basic overview of the homeopathic method and outlook, a brief historical outline, learn special homeopathic terminology, study the schools of unicism and pluralism, explore homeopathic pharmacy, review the federal regulation of homeopathic remedies, receive an introduction to Homeopathic First Aid and begin the study of Materia Medica. Method of instruction includes lecture, discussion, presentations and collaborative projects.
4 units

HM 055  Homeopathic First Aid in Acute Situations
This course offers students the opportunity to study Homeopathic methods and remedies as they apply to: injuries, accidents, pre and post surgical remedies; acute eye, ear, nose, throat and respiratory tract situations; acute gastrointestinal, urogenital, musculoskeletal, emotional and nervous system situations, acute veterinary first aid for pets and Materia Medica study. Method of instruction includes lecture, discussion, presentations and collaborative projects.
4 units

HM 060  Homeopathy for Chronic or Long-Term Situations
Students will learn the homeopathic outlook in long-term (“chronic”) situations Miasms including the diathesis, terrian and reactional typology. Potency and repetition issues will be examined. Materia Medica related to chronic treatment will be explored. Boericke’s and Boger’s repertories will be utilized to determine remedies. Method of instruction includes lecture, discussion, presentations and collaborative projects.
4 units

HM 065  Homeotherapeutics
Students will have the opportunity to learn an outline of auxiliary remedies (gemmotherapy; lithotherapy; organotherapy) and leading homeopathic remedies as they apply to emotional balance and mental enhancement, child development, environmental sensitivities, cardiovascular health, respiratory tract health, nervous system and the organs of special sense, gastrointestinal health, urogenital system, women’s health, musculoskeletal health and healthy skin. Method of instruction includes lecture, discussion, presentations and collaborative projects.
4 units

HM 070  Homeopathic Certificate Externship
Cases are taken from individuals from the community in a classroom setting, casetaking techniques are learned through observation and participation. Clinical approaches to remedy selection and use of radesthesia are explored. Case analysis and remedy differentiation are demonstrated. Follow-up remedy selection is demonstrated. Complementary use of homeopathy, biochemicals, oligotherapy, gemmotherapy, lithotherapy, organotherapy and flower essences are explored. Method of instruction involves discussion, presentations and collaborative analysis.
4 units (Clinic units are $320 per unit and equal 30 hours per unit)

HH 050  Bio-Energetic Medicine and Biophysics
Why do homeopathy, flower essences, acupuncture, or any of the healing forms work? Conventional biomedical scientific theory cannot provide useful explanations. This course explores the most recent theories in biophysics that may offer an explanation. Students will be exposed to various forms of bio-energetic medicine including light, magnetic, and sound therapies. Method of instruction includes lecture, discussion, presentations and collaborative projects.
4 units

*CCH OPTION;
HM 072  Homeopathic Case Taking  2 units
HM 085  Homeopathic Materia Medica -- Mineral Remedies  3 units
HM 095  Homeopathic Materia Medica -- Plant Remedies  3 units
HM 080  Homeopathic Materia Medica for Polycrests  3 units
HM 090  Homeopathic Materia Medica -- Animal Remedies  3 units
HM 075  Homeopathy Internship  14 units

(supervised clinical training must include 10 patients with at least 2 follow-ups)

In addition, CHC also requires completion of Anatomy and Physiology coursework to apply for the CCH Exam. Students should inquire with the CHC to determine the total number of hours required. Anatomy and Physiology coursework is available through AUCM or outside schools.
The old adage, “You are what you eat” has taken on a new dimension in the last ten years. From the use of nutritional supplements to the demand for organic fruits and vegetables, people are now looking to food for more than just sustenance. Graduates of the Nutritional Medicine Certificate Program may counsel and educate on the use of nutrition and supplements as healing tools as well as powerful aids for maintaining optimum health and vitality.

Practice of Nutritional Medicine may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

**NU 050 Principles of Nutritional Medicine**

The student will learn basics of digestion, absorption and metabolism of nutrients in the human body and the role of vitamins and minerals in these processes. The course is a study of nutrients known to be essential in human metabolism and the postulated uses of these substances on a biochemical basis, their interrelationships and how excesses and deficiencies may manifest in the body. This course also covers fad and blood type diets, diets for reducing and eliminating candida and other parasites. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

**NU 055 Modern Concepts of Nutrition**

Fats, vitamins, minerals, and whole foods that contain them are discussed according to the ways they are used by the body. Body systems are examined as are the foods which are best for strengthening each one. The student will learn how certain foods can overcome nutritional deficiencies and allergies, and how they can build immunity. Selecting and preparing foods for the best nutritional value for adults as well as children is explained. Current guidelines are provided on nutrition basics, such as the protein/vitamin B12 group, fats and oils, sugars and sweeteners, water, salt, seaweeds, “green foods” (microalgae and cereal grasses), calcium, oxygen, toxic metals and other nutrient concerns. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

**NU 060 Comparative Nutrition**

This course is a comprehensive analysis and evaluation of various dietary regimens focusing on nutritional, spiritual and social belief systems concerning food. Vegetarianism, raw food, macrobiotics, food combining, hereditary predisposition and health fads will be explored. Specific dietary recommendations for ailments such as candidiasis, hypoglycemia, allergies, premenstrual and auto-immune deficiency syndromes and other conditions will be covered. Attention will be paid to the special nutritional needs of pediatric and geriatric populations.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

**NU 065 Nutritional Counseling**

This is a course for the student who plans to counsel clients on enhancing health through nutrition. The class will explore counseling approaches and nutritional treatment strategies for various health challenges. Students will have opportunities to role play counseling sessions. Daily food programs and rules for eating are given. Alternative therapies are explored and food preparation is reviewed.

Method of instruction includes role play, lecture, discussion, presentations and collaborative projects.

4 units
NU 070 Ayurvedic Medical Nutrition

This course provides an understanding of the basic concepts of Ayurvedic medicine and comprehensive study of the principles of Ayurvedic nutrition. Students will learn various Ayurvedic nutritional applications that consider the tastes, qualities, proper time for consumption of foods, etc. Students will explore how to design a nutritional programs based on correcting the individual’s imbalance of doshas and 7-tissue level detox and rejuvenation.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

NU 075 Chinese Medical Nutrition

In this course students will examine the basic concepts of Chinese medicine and their application to diet and health. Students will learn yin-yang theory in the context of nutrition, five elements theory and its application to nutrition, classical Chinese diagnosis and its relevance to chinese nutritional counseling, the energetics of foods, and how to use food as medicine to treat persons with different clinical presentations.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

The doctor of the future will give no medicines, but will interest his patients in the care of the human frame, in diet, and in the causes of disease.

Thomas Edison
Certificate Programs

Clinical Aromatherapy

Scented oils and incense therapy have been used as medicines for thousands of years in countries spanning the globe from Egypt to China and India. Now modern research has documented the clinical effectiveness of these ancient practices in benefiting the health of persons with psychological and physical disorders. Integrating traditions from Europe, China, and India, this 240-hour certificate program prepares graduates to engage in the practice of Clinical Aromatherapy, as a modality in and of itself or in combination with other healing traditions and techniques. Method of instruction includes lecture, discussion, presentations and collaborative projects.

Graduates may practice Clinical Aromatherapy within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

AR 010 Principles of Clinical Aromatherapy

Many of us take for granted the sense of smell. Yet research shows that the human nose can distinguish over 10,000 different smells, which have various physiological and psychological effects. In this course, students learn the anatomy and physiology of the olfactory sense and the relationship of olfaction to the human body and mind as a whole, from the perspectives of Western aromatherapy, classical Chinese medicine, and Ayurvedic medicine. In addition, this course covers the basics in the field of aromatherapy, including plants used in aromatherapy, extraction methods, evaporation rates, color, aroma intensity, chemical composition, shelf life of oils, media of application, carrier oils and blending techniques.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

AR 015 Clinical Aromatherapy

This course introduces students to the basic clinical uses of aromatherapy for benefiting the health of persons with various physiological disorders. Taught from the perspective of European and American aromatherapy as well as classical Chinese and Ayurvedic medical traditions, students will learn how to use and blend oils to benefit the health of persons with a variety of clinical problems. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units
AR 025 Medical Aromatherapy

Medical aromatherapy involves the ingestion of essential oils, much as persons take herbs or nutritional supplements. This course describes in detail the medical aromatherapy traditions pioneered by French physicians, as well as medical aromatherapeutic traditions from China and India. Students will learn which oils are toxic and contraindicated for internal ingestion and which oils and brands are relatively safe for consumption, along with safe dosages. The course covers the application of medical aromatherapy with persons with a variety of psychological and physiological disorders.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

AR 020 Psycho Aromatherapy

This course covers the clinical uses of aromatherapy in benefiting the health of persons with various psychological disorders. It integrates perspectives from Western aromatherapy, classical Chinese medical aromatherapy taught by aromatherapy pioneer Jeffrey C. Yuen, and Ayurvedic aromatherapy.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units
One of the most prevalent approaches to healing involves the use of “natural medicines” derived from herbs. This program is designed to introduce the student to the theory and use of herbs as a healing modality. It includes an introduction to botany, herb preparation and study of Western, Chinese/Asian, and Ayurvedic herbs.

Botanical Medicine may be practiced with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

### WS 060 Practical Botany for Making Plant Medicine

To fully understand a healing art such as herbology, the student needs to understand the basic science behind the art. In an easy to understand way, Level 1 introduces the study of plants and why they are useful as medicines. The student will become familiar with how to recognize certain plants and plant families; how to identify the different useful parts of plants and how to apply this to herbal remedy preparation. This course will introduce the terminology and methodologies associated with herbology.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

### HB 050 Introduction to Western Plant Medicines

In this course the student will learn about herbs from North and South America, the Pacific and Europe. The Western philosophy about herbs will be introduced, studied and compared and contrasted with herbal philosophies and practices from the Orient and India. Western herbs and their relationship to other Western healing modalities, such as homeopathy, flower essences and conventional medicine will be discussed.

Herbs studied will include:

- Black Cohosh
- Gingko Biloba
- Golden Seal
- St. John’s Wort
- Stevia
- Echinacea
- Chaste Tree
- Kava Kava
- Saw Palmetto
- Wild Yam

And many others.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units
**HB 051 Introduction to Chinese Plant Medicines**

This course presents an introduction to Chinese and other Asian herbs. The Eastern healing arts go back thousands of years and have long included herbs as a central component. As in HB 050, Chinese herbal philosophy will be compared and contrasted with Western and Ayurvedic philosophies and practices. Also explored are the relationship of herbs to acupuncture and the Chinese theory of the five elements and their relationship to organs of the body and emotions.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

*4 units*

**HB 052 Introduction to Ayurvedic Plant Medicines**

In this course students will learn about herbs as they are used in the ancient healing art form from India, a 5,000-year-old tradition. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Ayurvedic herbal traditions will be compared and contrasted with Western and Chinese herbal traditions.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

*4 units*
The certificate program in Asian Bodywork prepares students for an exciting career in Asian massage, acupressure (Shiatsu), and manipulation techniques. Certificants are eligible for licensure in massage in most municipalities in California.

**Required Courses**

**WS 020 Western Orthodox Medical Terminology**  
2 units  
This course provides students with a study of Western orthodox medical terminology and nomenclature, including major prefixes, roots, and suffixes. Method of instruction includes lecture and discussion.

**WS 025 Anatomy and Physiology I**  
4 units  
This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book.

**WS 030 Anatomy and Physiology II**  
4 units  
This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion and use of Anatomy Coloring Book.

**EAB 010 Introduction to Chinese Medical Theories**  
2 units  
This course provides a study of basic principles and theories of Chinese medicine, covering concepts of Yin and Yang, Five Elements, Eight Principles, Three Fundamental Substances, etiology of disharmonies, and the Zangfu organs. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**EAB 015 Basic Therapeutic Massage**  
4 units  
This course presents basic massage movements as well as special techniques for individual areas of the body. Discussed are indications and contraindications for massage, professionalism and regard for modesty. Method of instruction includes lectures, use of diagrams, demonstration and hands-on practice of techniques.

**EAB 020 Reflexology**  
1 unit  
This course covers the use of assessment and massage techniques, emphasizing the relationship between areas of the feet and the parts of the body. Methods of instruction include lecture, use of diagrams, demonstration and hands-on practice of techniques.

**EAB 025 Introduction to Meridians**  
4 units  
This course introduces the meridians of Chinese medicine, covering the classification of acu-points and systems of nomenclature. Students will learn the location of acu-points on the twelve major meridians, plus two of the eight extra meridians. Methods of instruction include lecture, use of diagrams and hands-on location of points on each other.
Certificate Programs
Asian Bodywork

Required Courses (continued)

EAB 030 Introduction to Chinese Medical Diagnosis 2 units
This course introduces the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Asian Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, presentations and collaborative projects.

EAB 035 Introduction to Shiatsu (Acupressure) 2 units
This course trains students in the practical use of finger or hand pressure on acu-points and channels, and provides hands-on training in its use for stress reduction and musculo-skeletal disorders. Method of instruction includes lecture, diagrams, discussion, demonstration and hands-on practice of techniques.

EAB 040 Shiatsu Energetics and Therapeutics 4 units
This course provides a study of the energetic functions of the acupoints and ways of combining them to create shiatsu treatments. Method of instruction includes lecture, discussion, presentations and collaborative projects.

EAB 045 Sports Massage 2 units
This course introduces the principles of massage for stimulation of muscles both before and after sporting events, with an emphasis upon prevention of injury, relaxation of strained muscles, and quick recovery. Method of instruction includes lecture, demonstration and hands-on practice.

EAB 050 Introduction to Tuina 2 units
This course introduces students to the 5,000 year-old art of Tuina, describing the major principles and main schools of its practice. Students will learn basic Tuina manipulations and practice them on the human body. Method of instruction includes lecture, demonstration and hands-on practice.

EAB 090 East Asian Bodywork Practice Management and Ethics 2 units
This course covers professional ethics and business aspects relevant to an East Asian Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction includes lecture, discussion, presentations, role-play and collaborative projects.

EAB 095 East Asian Bodywork Internship 5 units
Students will learn how to interview clients, develop an East Asian Bodywork plan, and provide Oriental Bodywork under the guidance of an experienced and licensed East Asian Bodyworker. Method of instruction includes lecture, discussion, role-play and hands-on practice in a clinical setting.
Prerequisite or Corequisite Courses:

**WS 025 Anatomy and Physiology I**  
4 units  
This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book.

**WS 030 Anatomy and Physiology II**  
4 units  
This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book.

Required Courses:

**AY 010 Introduction to Ayurveda**  
2 units  
This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 015 Introduction to Ayurveda Pathophysiology & Diagnosis**  
4 units  
This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 020 Ayurvedic Philosophy & Meditational Yoga**  
2 units  
This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life’s purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion, presentations and practice of techniques.

**AY 025 Ayurvedic Marma Points & Acupressure**  
4 units  
This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.
Certification Programs

Ayurvedic Yoga Therapy

Required Courses (continued)

AY 040 Ayurvedic Nutrition 2 units
This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, demonstration, preparation and cooking.

AY 045 Hatha Yoga for Health and Disease 2 units
This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, demonstration and hands-on practice.

AY 050 Ayurvedic Herbal Medicine 4 units
In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion and presentations.

AY 055 Ayurvedic Rasayana and Rejuvenation 2 units
This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations and collaboration.

AY 065 Ayurvedic Psychology and Lifestyle Counseling 2 units
This course introduces students to the concept of the Mind (manas) and its functions from an Ayurvedic and Yogic point of view. Students will also compare and contrast various imbalances that are due to DHI, DRUTI, SMRITI etc., components of the mind. Students will also be able to plan out a therapy plan that involves herbs and Yoga, counseling and lifestyle modifications that make the person regain normal state of mind. Method of instruction includes lecture, discussion, role-play and collaboration.

AY 066 Ayurvedic Yoga Therapy I 4 units
This course provides an intensive study of psychological and physical disorders within Ayurvedic internal medicine and the treatment of these conditions by the use of various yoga therapies. Students will learn in-depth knowledge about the doshas, dhatus, shrotas, malas, nadis, and marmas affected by various yoga postures and meditational techniques. Method of instruction includes lecture, demonstration, discussion and hands-on practice.

AY 067 Ayurvedic Yoga Therapy II 4 units
This course provides additional intensive study of psychological and physical disorders within Ayurvedic internal medicine and the treatment of these conditions by the use of various yoga therapies. Students will learn in-depth knowledge about the doshas, dhatus, shrotas, malas, nadis, and marmas affected by various yoga postures and meditational techniques. Method of instruction includes lecture, demonstration, discussion and hands-on practice.

AY 090 Practice Management and Ethics 2 units
This course covers professional ethics and business aspects relevant to an Ayurvedic Yoga Therapy practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction includes lecture, discussion, presentations and collaboration.

AY 096 Ayurvedic Yoga Therapy Internship 5 units
This internship provides students with an opportunity to practice Ayurvedic Yoga Therapy methods and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion with supervisor of diagnosis and strategy, review of any therapeutic treatment procedures.
Ayurvedic medicine is a more than 5,000-year-old, comprehensive system indigenous to India. Treatments integrate Ayurvedic nutrition, herbal medicines, lifestyle counseling, hatha yoga, meditation, detoxification and rejuvenation techniques.

The Ayurvedic Medicine program prepares students for an exciting career in Ayurvedic medicine with a specialty in Kerala (South Indian) Panchakarma. Graduates may practice privately as Ayurvedic Medicine Practitioners, join hospitals offering complementary medicine, become licensed as massage therapists and treat at exclusive spas and health resorts. The program consists of 510 hours of classroom instruction and a supervised, on-site 150-hour clinical internship for a total of 660 hours. AUCM is the only school in California that offers an on-site, supervised clinical internship in Ayurvedic medicine, as well as the opportunity for advanced studies and internships with Ayurvedic physicians trained in India in our MS and Ph.D. programs.

Practice of Ayurveda may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

**PREREQUISITE OR COREQUISITE COURSES (8 UNITS TOTAL)**

**WS 025 Anatomy and Physiology I** 4 units
This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems.

**WS 030 Anatomy and Physiology II** 4 units
This course provides a study of the anatomy and physiology of the urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid & electrolyte balance, genetics, and growth and development.

**REQUIRED COURSES**

**AY 010 Introduction to Ayurveda** 2 units
This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 015 Introduction to Ayurveda Pathophysiology & Diagnosis** 4 units
This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 020 Ayurvedic Philosophy & Meditational Yoga** 2 units
This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life’s purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion, presentations and practice of techniques.

**AY 025 Ayurvedic Marma Points & Acupressure** 4 units
This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.
Required Courses (continued)

**AY 030 Kerala Panchakarma, Ayurvedic Bodywork and Therapeutic Massage.** 4 units
This course presents various Ayurvedic bodywork techniques with special emphasis upon the uses of oleation and herbal poulties in South Indian Malabar cleansing and detoxication therapies. Basic therapeutic massage techniques required for massage licence will also be explored and practiced. Methods of instruction include lecture, use of diagrams, demonstration and hands-on practice of techniques.

**AY 035 North Indian Panchakarma** 4 units
This course provides a study of the five Ayurvedic purification therapies known as Panchakarma. Students will learn about vomena, nasya, virechena, and bastis. Specific preparatory and post-panchakarma procedures, diets and protocols will also be explored. Method of instruction includes lecture, discussion and student presentations.

**AY 040 Ayurvedic Nutrition** 2 units
This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, demonstration, preparation and cooking.

**AY 045 Hatha Yoga for Health and Disease** 2 units
This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, demonstration and hands-on practice.

**AY 050 Ayurvedic Herbal Medicine** 4 units
In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion and presentations.

**AY 055 Ayurvedic Rasayana and Rejuvenation** 2 units
This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations and collaboration.

**AY 065 Ayurvedic Psychology and Lifestyle Counseling** 2 units
This course introduces students to the concept of the Mind (manas) and its functions from an Ayurvedic and Yogic point of view. Students will also compare and contrast various imbalances that are due to DHI, DRUTI, SMRITI etc., components of the mind. Students will also be able to plan out a therapy plan that involves herbs and Yoga, counseling and lifestyle modifications that make the person regain normal state of mind. Method of instruction includes lecture, discussion, role-play and collaboration.

**AY 090 Practice Management and Ethics** 2 units
This course covers professional ethics and business aspects relevant to an Ayurvedic Medicine Practitioner practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction will include lecture, presentations, role-play, discussion, and projects.

**AY 095 Ayurvedic Medicine Practitioner Internship** 5 units
This internship provides students with an opportunity to practice Ayurvedic medicine and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete at least 90 different treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.
Most East Indians consider the four ancient texts known as the Vedas to be the oldest and most important scriptures in all of India. The Vedas -- a Sanskrit word meaning “knowledge” -- are said to have been written by seers or ancient wise men called “rishis” who, in a state of expanded awareness, cognized these truths about the mechanisms of creation and maintenance of life, the evolution of human beings, life’s purposes, and the treatment of physical, psychological, and spiritual conditions.

The Atharva Veda Psychology and Lifestyle Counseling Program is designed to help students explore and learn to use ancient Vedic rituals, changes, lifestyle recommendations, and other therapeutic methods discussed in the Atharva Veda for healing purposes. The Atharva Veda is one of the four sacred Vedic texts comprising the foundation of Indian philosophy and the one in which Ayurvedic medicine is most rooted. Treatment techniques taught in this program include mantras, changes, incantations, yogic meditation and meditation on yantras (sacred geometric compositions), gem therapy, incense therapy, Vastu (Ayurvedic geomancy or Feng Shui), creative visualization, and refined activated intentionality, along with healthy lifestyle and therapeutic uses of hatha yoga, Ayurvedic nutrition, Ayurvedic herbology, and marma point therapy.

Graduates may practice as Atharva Vedic Lifestyle Counselors within the parameters of the California Health Freedom Act (see page 2 of this catalog).

**PREREQUISITE OR COREQUISITE COURSES (4 UNITS TOTAL):**

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>PSY 020</td>
<td>Theories of Personality</td>
<td>2</td>
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<tr>
<td>PSY 025</td>
<td>Abnormal Psychology</td>
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</table>

This course covers the major theories of personality, including the works of Freud, Adler, Jung, Rogers, Maslow, Pavlov, Skinner, and others.

This course presents a survey of the study of abnormal behavior and psychopathology. Students will learn about the range and classification of abnormal behavior and theories of etiology and be introduced to several modalities of treatment.

**REQUIRED COURSES**

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>AY 010</td>
<td>Introduction to Ayurveda</td>
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<tr>
<td>AY 015</td>
<td>Introduction to Ayurveda Pathophysiology &amp; Diagnosis</td>
<td>4</td>
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<tr>
<td>AY 020</td>
<td>Ayurvedic Philosophy &amp; Meditational Yoga</td>
<td>2</td>
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<tr>
<td>AY 025</td>
<td>Ayurvedic Marma Points &amp; Acupressure</td>
<td>4</td>
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</tbody>
</table>

This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmololgy and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life’s purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion, presentations and practice of techniques.

This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.
### Certificate Programs

**Atharva Vedic Psychology and Lifestyle Counseling**

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tr>
<td><strong>AY 040</strong></td>
<td>Ayurvedic Nutrition</td>
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<td>This course provides a comprehensive study of the</td>
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<td>principles of Ayurvedic nutrition and the use of</td>
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<td>diet and nutritional programs in health and</td>
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<td>disease. Students will learn various Ayurvedic</td>
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<td>nutritional programs appropriate to the various</td>
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<td>doshas and diagnoses. Method of instruction</td>
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<td>includes lecture, demonstration, preparation and</td>
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<td>cooking.</td>
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<td><strong>AY 045</strong></td>
<td>Hatha Yoga for Health and Disease</td>
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<td>This course teaches the practice of Hatha Yoga</td>
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<td>and its benefits in health and disease. Students</td>
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<td>will be required to perform postures in at least</td>
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<td>one major approach to Hatha Yoga. Method of</td>
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<td>instruction includes lecture, demonstration</td>
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<td>and hands-on practice.</td>
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<td><strong>AY 050</strong></td>
<td>Ayurvedic Herbal Medicine</td>
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<td>In this course, students will learn about herbs</td>
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<td>as they are used in Ayurvedic medicine and home</td>
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<td>remedies for common complaints. Students will</td>
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<td>study Ayurvedic herbal philosophy and practices,</td>
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<td>acquiring beginning knowledge of major Ayurvedic</td>
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<td>herbs and how they are used to benefit physical,</td>
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<td>psychological, and spiritual health and</td>
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<td>ameliorate disease. Method of instruction includes</td>
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<td></td>
<td>lecture, discussion and presentations.</td>
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<td><strong>AY 060</strong></td>
<td>Introduction to Vedic Astrology</td>
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<td></td>
<td>This course teaches the ancient practice of Vedic</td>
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<td>astrology with a focus upon the uses of Vedic</td>
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<td>astrology in working with persons with</td>
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<td></td>
<td>psychological and health conditions. Students</td>
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<td>will learn the basics of laying out a Vedic</td>
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<td>astrology chart, called a “Janma Kundall,”</td>
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<td>which represents a person’s starting point in this</td>
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<td>life and suggests issues that might arise during</td>
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<td>the life cycle. Students will learn about various</td>
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<td>fortifying practices, including the uses of</td>
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<td>gems, mantras, balancing rituals called “yagnas,”</td>
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<td>and small acts called “shantis” designed to</td>
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<td>propitiate or soothe the impact associated with</td>
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<td>unfavorable planetary positions. Method of</td>
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<td></td>
<td>demonstrations and presentations.</td>
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<td><strong>AY 063</strong></td>
<td>Introduction to Vastu Shastra (Vedic Geomancy)</td>
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<td></td>
<td>Vastu Shastra, the science of environmental</td>
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<td>harmony, is designed to balance one’s environment</td>
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<td>in accordance with natural laws in the universe.</td>
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<td>Students will learn information to make person’s</td>
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<td>homes and offices more harmonious and productive,</td>
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<td>ways of enhancing existing structures to</td>
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<td>maximize environmental balance, and products for</td>
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<td>improving person’s lives and environments. Method</td>
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<td>demonstrations and presentations.</td>
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<td><strong>AY 065</strong></td>
<td>Ayurvedic Psychology and Lifestyle Counseling I</td>
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<td>This course introduces students to the concept of</td>
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<td>the Mind (manas) and its functions from an</td>
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<td>Ayurvedic and Yogic point of view. Students will</td>
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<td>also compare and contrast various imbalances that</td>
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<td>are due to DHI, DRUTI, SMRITI etc., components of</td>
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<td>the mind. Students will also be able to plan out</td>
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<td>a therapy plan that involves herbs and Yoga,</td>
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<td>counseling and lifestyle modifications that make</td>
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<td>the person regain normal state of mind. Method of</td>
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<td>instruction includes lecture, discussion, role-</td>
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<td>play and collaboration.</td>
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<td><strong>AY 070</strong></td>
<td>Atharva Vedic Psychology and Lifestyle Counseling</td>
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<td>This course examines ancient Atharva Vedic</td>
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<td>are used to work with persons with a variety of</td>
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<td>difficulties. Method of instruction includes</td>
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<td>lecture, discussion, role-play and collaboration.</td>
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<td><strong>AY 075</strong></td>
<td>Atharva Vedic Psychology and Lifestyle Counseling II</td>
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<td>This course examines the uses of gem therapy,</td>
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<td>incense therapy, creative visualization, refined</td>
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<td>activated intention, and other Indo-Tibetan</td>
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<td>traditional healing rituals in working with</td>
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<td>persons to benefit their health or treat lifestyle</td>
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<td>problems and psychological and health conditions.</td>
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<td>Students will learn which techniques are useful</td>
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<td><strong>AY 090</strong></td>
<td>Practice Management and Ethics</td>
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<td>This course covers professional ethics and</td>
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<td></td>
<td>business aspects relevant to an Atharva Vedic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lifestyle Counseling practice. Students will</td>
<td></td>
</tr>
<tr>
<td></td>
<td>learn how to develop referral sources, maintain</td>
<td></td>
</tr>
<tr>
<td></td>
<td>and release records, communicate with clients,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>build public relations, and manage finances.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Method of instruction includes lecture,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>discussion, role-play and collaboration.</td>
<td></td>
</tr>
<tr>
<td><strong>AY 097</strong></td>
<td>Atharva Vedic Psychology and Lifestyle Counseling Internship</td>
<td>5</td>
</tr>
</tbody>
</table>
The Associate of Arts Degree in Asian Bodywork prepares students for an exciting career in Asian Bodywork while they complete general education requirements for an A.A. degree. Students choose a specialization in either Ayurvedic Bodywork or in East Asian Bodywork. Graduates are eligible for licensure in massage in most municipalities in California and may elect to continue their studies in the Bachelor of Arts Degree Program in Holistic Health at American University of Complementary Medicine.

THE CURRICULUM

The curriculum consists of 60 units of study, combining 26 units of general education, with 4 units of energetic practices, and 30 units of theoretical and practical coursework in one of two specialties: 1) Ayurvedic Bodywork or 2) East Asian Bodywork.

PREREQUISITES: High School Diploma or GED

REQUIRED GENERAL EDUCATION COURSES (24 UNITS TOTAL):

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 101</td>
<td>English Composition</td>
<td>2</td>
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<tr>
<td>HI 101</td>
<td>History of Medicines Around the World</td>
<td>2</td>
</tr>
<tr>
<td>HUM 101</td>
<td>Survey of Indian and East Asian Philosophical Systems</td>
<td>2</td>
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<tr>
<td>MA 101</td>
<td>Mathematical Ideas and Paradigms</td>
<td>2</td>
</tr>
<tr>
<td>WS 101</td>
<td>Human Biology</td>
<td>2</td>
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<tr>
<td>WS 120</td>
<td>Western Orthodox Medical Terminology</td>
<td>2</td>
</tr>
<tr>
<td>WS 125</td>
<td>Anatomy and Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>WS 126</td>
<td>Anatomy and Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>PSY 101</td>
<td>Introduction to Psychology</td>
<td>2</td>
</tr>
<tr>
<td>PSY 105</td>
<td>Theories of Personality</td>
<td>2</td>
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</table>

CHOOSE ONE FROM THE FOLLOWING (2 UNITS):

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>WS 105</td>
<td>Introduction to Biophysics</td>
<td>2</td>
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<tr>
<td>WS 110</td>
<td>General Chemistry</td>
<td>2</td>
</tr>
<tr>
<td>WS 115</td>
<td>Nutritional Chemistry</td>
<td>2</td>
</tr>
<tr>
<td>PSY 110</td>
<td>Abnormal Psychology</td>
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</table>

CHOOSE TWO FROM THE FOLLOWING (4 UNITS):

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<th>Course Name</th>
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<tbody>
<tr>
<td>PE 101</td>
<td>Introductory Tai Ji Chuan</td>
<td>2</td>
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<tr>
<td>PE 102</td>
<td>Intermediate Tai Ji Chuan</td>
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</tr>
<tr>
<td>PE 110</td>
<td>Introductory Hatha Yoga</td>
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</tr>
<tr>
<td>PE 111</td>
<td>Intermediate Hatha Yoga</td>
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</table>

REQUIRED EAST ASIAN BODYWORK COURSES (30 UNITS):

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>EAB 100</td>
<td>Introduction to Chinese Medical Theories</td>
<td>2</td>
</tr>
<tr>
<td>EAB 105</td>
<td>Basic Therapeutic Massage</td>
<td>4</td>
</tr>
<tr>
<td>EAB 107</td>
<td>Reflexology</td>
<td>1</td>
</tr>
<tr>
<td>EAB 110</td>
<td>Introduction to Meridians</td>
<td>4</td>
</tr>
<tr>
<td>EAB 115</td>
<td>Introduction to Chinese Medical Diagnosis</td>
<td>2</td>
</tr>
<tr>
<td>EAB 120</td>
<td>Introduction to Shiatsu (Acupressure)</td>
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<td>EAB 125</td>
<td>Shiatsu Energetics and Therapeutics</td>
<td>4</td>
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<tr>
<td>EAB 130</td>
<td>Sports Massage</td>
<td>2</td>
</tr>
<tr>
<td>EAB 150</td>
<td>Introduction to Tuina</td>
<td>2</td>
</tr>
<tr>
<td>EAB 190</td>
<td>East Asian Bodywork Practice Management and Ethics</td>
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</tr>
<tr>
<td>EAB 195</td>
<td>East Asian Bodywork Internship</td>
<td>5</td>
</tr>
</tbody>
</table>
THE CURRICULUM (CONTINUED)

ASIAN BODYWORK ELECTIVES:

EAB155  Tuina for the Cervical Region 2 units
EAB 160  Tuina for the Lumbar Region 2 units
EAB 165  Tuina for the Upper Limbs 2 units
EAB 170  Tuina for the Lower Limbs 2 units
EAB 175  Tuina for Internal Medicine and Gynecological Problems 2 units
EAB 180  Pediatric Tuina 2 units
EAB 192  External Application of Chinese Herbs for Trauma 2 units

REQUIRED AYURVEDIC BODYWORK COURSES (30 Units):

AY 100  Introduction to Ayurveda 2 units
AY 115  Introduction to Pathophysiology & Diagnosis 4 units
AY 125  Ayurvedic Marma Points & Acupressure 4 units
AY 130  Kerala Panchakarma, Ayurvedic Bodywork & Basic Therapeutic Massage 4 units
AY 135  North Indian Panchakarma 4 units
AY 150  Ayurvedic Herbal Medicine 4 units
AY 165  Ayurvedic Psychology & Lifestyle Counseling 2 units
AY 190  Ayurvedic Bodywork Practice Management & Ethics 2 units
AY 195  Ayurvedic Bodywork Internship 4 units

Program Total: 60 units

AYURVEDIC BODYWORK ELECTIVES:

AY 120  Ayur. Philosophy & Meditational Yoga 2 units
AY 155  Ayurvedic Rasayana and Rejuvenation 2 units
AY 140  Ayurvedic Rasayana and Rejuvenation 2 units
The Bachelor of Arts Degree in Holistic Health is an interdisciplinary program that emphasizes the importance of optimizing mind, body, and spiritual health. It incorporates Nutrition, Homeopathy, Herbolgy and Mind-Body Medicine to lay the groundwork for those interested in pursuing careers in the healing arts.

Graduates may work as independent Holistic Health Consultants, in conjunction with other health care providers, or at holistic pharmacies or health food stores. Practice of Holistic Health may be done with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).

THE CURRICULUM

The curriculum consists of 60 units of study from coursework and a minimum of 60 general education units, which can be satisfied in two ways (see Option A & B below).

PREREQUISITES: High School Diploma or GED and:

Option A: Associate of Arts in Asian (previously “Oriental”) Bodywork from American University of Complementary Medicine.

Option B: A minimum of 60 semester units in General Education from a regionally accredited or California approved college or university.

REQUIRED COURSES:

- HH 200 Bio-Energetic Medicine and Biophysics 4 units
- HH 205 Introduction to Non-Invasive Holistic Diagnostic Methods 4 units
- HH 210 Mind-Body Medical Techniques 4 units
- NU 200 Principles of Western Nutrition 4 units
- NU 205 Modern Concepts of Nutrition 4 units
- NU 210 Comparative Nutrition 4 units
- NU 215 Nutritional Counseling 4 units
- HB 200 Practical Botany for Making Plant Medicines 4 units
- HB 205 Introduction to Western Plant Medicines 4 units
- HB 210 Introduction to Chinese Plant Medicines 4 units
- HB 215 Introduction to Ayurvedic Plant Medicines 4 units
- HM 200 Principles of Homeopathy 4 units
- HM 205 Homeopathic First Aid in Acute Situations 4 units
- HM 210 Homeopathy in Chronic Disorders 4 units
- HM 215 Homeotherapeutics 4 units

ELECTIVES:

- HH 160 Introduction to Healing Qi Gong 2 units
- HH 170 Introduction to Therapeutic Hatha Yoga 2 units

Total 120 units
“Let food be thy medicine and medicine be thy food,” said Hippocrates, the founder of Western medicine.

The Master of Science in Nutritional Medicine brings a global perspective to nutritional medicine, interweaving contemporary Western and ancient Eastern traditions of using food as medicine in promoting health and ameliorating disease.

Students in this program choose two out of three perspectives -- Western Nutrition, Ayurvedic Nutrition, and Classical Chinese Nutrition -- as the focus for their studies.

Graduates may qualify to sit for the prestigious Certified Nutritional Counselor (CNC) examination offered by the American Association of Nutritional Consultants (www.aanc.net). Even without certification, graduates can practice nutritional medicine in California within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).
Doctor of Ayurvedic Medicine

THE CURRICULUM

The clinical doctoral program, consisting of 120 units, provides education and training in Ayurvedic medical theory, constitutional analysis, diagnosis, philosophy, and treatment modalities. Students will learn herbal medicine, nutrition, Hatha and meditational yoga, life style counseling, detoxification and purification techniques, and rejuvenation therapies in the clinic and classroom.

PREREQUISITE/CO-REQUISITE COURSES:
(MAY BE TAKEN DURING THE FIRST YEAR OF THE PROGRAM):
A Bachelor’s or higher degree is required. The following courses are also required, taken either as an undergraduate or concurrently while enrolled in the first year of the Doctoral program:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>WS 110</td>
<td>General Chemistry</td>
<td>2</td>
</tr>
<tr>
<td>WS 115</td>
<td>Nutritional Chemistry (or Organic and Biochemistry)</td>
<td>2</td>
</tr>
<tr>
<td>WS 120</td>
<td>Western Orthodox Medical Terminology</td>
<td>2</td>
</tr>
<tr>
<td>WS 125</td>
<td>Anatomy and Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>WS 126</td>
<td>Anatomy and Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>PSY 105</td>
<td>Theories of Personality</td>
<td>2</td>
</tr>
<tr>
<td>PSY 110</td>
<td>Abnormal Psychology</td>
<td>2</td>
</tr>
<tr>
<td>HH 200</td>
<td>Bio-Energetic Medicine and Biophysics</td>
<td>4</td>
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</table>

Total 22 units

REQUIRED COURSES:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>AY 300</td>
<td>Principles of Ayurvedic Medicine</td>
<td>3</td>
</tr>
<tr>
<td>AY 305</td>
<td>History and Philosophy of Ayurvedic Medicine</td>
<td>2</td>
</tr>
<tr>
<td>AY 310</td>
<td>Ayurvedic Anatomy and Physiology</td>
<td>4</td>
</tr>
<tr>
<td>AY 315</td>
<td>Ayurvedic Pathophysiology</td>
<td>4</td>
</tr>
<tr>
<td>AY 320</td>
<td>Ayurvedic Constitutional Analysis, Body Types &amp; Specific Diets</td>
<td>4</td>
</tr>
<tr>
<td>AY 400</td>
<td>Ayurvedic Psychology and Lifestyle Counseling</td>
<td>2</td>
</tr>
<tr>
<td>AY 412</td>
<td>Meditational &amp; Hatha Yoga for Health and Disease</td>
<td>3</td>
</tr>
<tr>
<td>AY 415</td>
<td>Ayurvedic Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>AY 420</td>
<td>Ayurvedic Marma Points, Massage, and Acupressure</td>
<td>4</td>
</tr>
<tr>
<td>AY 430</td>
<td>Ayurvedic Herbal Medicine I: Individual Herbs</td>
<td>6</td>
</tr>
<tr>
<td>AY 435</td>
<td>Ayurvedic Herbal Medicine II: Formulas</td>
<td>6</td>
</tr>
<tr>
<td>AY 440</td>
<td>Ayurvedic Panchakarma</td>
<td>4</td>
</tr>
<tr>
<td>AY 445</td>
<td>Ayurvedic Rasayana or Rejuvenation Therapy</td>
<td>2</td>
</tr>
<tr>
<td>AY 450</td>
<td>Ayurvedic Subtle Therapies</td>
<td>1</td>
</tr>
<tr>
<td>AY 455</td>
<td>Preventive Care in Ayurveda</td>
<td>2</td>
</tr>
<tr>
<td>WS 300</td>
<td>Pathology &amp; The Nature of Disease I</td>
<td>4</td>
</tr>
<tr>
<td>WS 305</td>
<td>Pathology &amp; The Nature of Disease II</td>
<td>4</td>
</tr>
<tr>
<td>PSY 315</td>
<td>Listening and Counseling Skills for Health Professionals</td>
<td>2</td>
</tr>
<tr>
<td>WS 405</td>
<td>Western Physical Assessment and Lab Test Analysis</td>
<td>4</td>
</tr>
<tr>
<td>AY 500</td>
<td>Externship in Ayurveda</td>
<td>2</td>
</tr>
<tr>
<td>AY 550</td>
<td>Ayurvedic Classics: Astanga Hridayam</td>
<td>3</td>
</tr>
<tr>
<td>AY 600</td>
<td>Ayurvedic Internal Medicine I</td>
<td>3</td>
</tr>
<tr>
<td>AY 605</td>
<td>Ayurvedic Internal Medicine II</td>
<td>3</td>
</tr>
<tr>
<td>AY 610</td>
<td>Ayur. Surgery &amp; Treatment of Ear, Eye, Nose, Throat Disorders</td>
<td>3</td>
</tr>
<tr>
<td>AY 615</td>
<td>Pediatric Ayurveda</td>
<td>2</td>
</tr>
<tr>
<td>WS 610</td>
<td>Pharmacology (Allopathic)</td>
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</tr>
<tr>
<td>AY 700</td>
<td>Doctoral Internship in Ayurveda</td>
<td>30</td>
</tr>
<tr>
<td>AY 710</td>
<td>Clinical Case Seminar in Ayurveda</td>
<td>4</td>
</tr>
<tr>
<td>RE 608</td>
<td>Principles of Research Design &amp; Statistics for Clinicians</td>
<td>4</td>
</tr>
</tbody>
</table>

Total 120 units
The Ph.D. degree in Ayurvedic Medicine is a practitioner-scholar program designed for serious students who want not only to practice Ayurveda but contribute new knowledge to the field by completing an original research and/or theoretical dissertation. Students receive the same intensive clinical education and training in the practice of homeopathy as do students in the Ay.D. Program. However, students in the Ph.D. Program take additional coursework in research and statistics and prepare and defend an original dissertation before a doctoral committee composed of at least three faculty members with doctoral degrees.

Graduates may practice Ayurvedic medicine within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).

<table>
<thead>
<tr>
<th>Ph.D. in Ayurvedic Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>THE CURRICULUM</td>
</tr>
<tr>
<td>The Ph.D. program in Ayurvedic Medicine consists of 138 semester units. This program offers students the opportunity to receive intensive education and clinical training in the practice of Ayurvedic medicine while cultivating their capacities to make scholarly contributions to the field through research.</td>
</tr>
<tr>
<td>PREREQUISITE/CO-REQUISITE COURSES: (MAY BE TAKEN DURING THE FIRST YEAR OF THE PROGRAM):</td>
</tr>
<tr>
<td>A Bachelor's or higher degree is required. The following courses are also required, taken either as an undergraduate or concurrently while enrolled in the first year of the Doctoral program:</td>
</tr>
<tr>
<td>WS 110 General Chemistry 2 units</td>
</tr>
<tr>
<td>WS 115 Nutritional Chemistry (or Organic and Biochemistry) 2 units</td>
</tr>
<tr>
<td>WS 120 Western Orthodox Medical Terminology 2 units</td>
</tr>
<tr>
<td>WS 125 Anatomy and Physiology I 4 units</td>
</tr>
<tr>
<td>WS 126 Anatomy and Physiology II 4 units</td>
</tr>
<tr>
<td>PSY 105 Theories of Personality 2 units</td>
</tr>
<tr>
<td>PSY 110 Abnormal Psychology 2 units</td>
</tr>
<tr>
<td>HH 200 Bio-Energetic Medicine and Biophysics 4 units</td>
</tr>
</tbody>
</table>

**REQUIRED COURSES:**

| AY 300 Principles of Ayurvedic Medicine 3 units |
| AY 305 History and Philosophy of Ayurvedic Medicine 2 units |
| AY 310 Ayurvedic Anatomy and Physiology 4 units |
| AY 315 Ayurvedic Pathophysiology 4 units |
| AY 320 Ayurvedic Diagnosis & Constitutional Analysis 4 units |
| AY 400 Ayurvedic Psychology and Lifestyle Counseling 2 units |
| AY 410 Meditational & Hatha Yoga for Health and Disease 3 units |
| AY 415 Ayurvedic Nutrition 3 units |
| AY 420 Ayurvedic Marma Points, Massage, and Acupressure 4 units |
| AY 430 Ayurvedic Herbal Medicine I: Individual Herbs 6 units |
| AY 435 Ayurvedic Herbal Medicine II: Formulas 6 units |
| AY 440 Ayurvedic Panchakarma 4 units |
| AY 445 Ayurvedic Rasayana or Rejuvenation Therapy 2 units |
| AY 450 Ayurvedic Subtle Therapies 1 units |
| AY 455 Preventive Care in Ayurveda 2 units |
| WS 300 Pathology & The Nature of Disease I 4 units |
| WS 305 Pathology & The Nature of Disease II 4 units |
| PSY 315 Listening and Counseling Skills for Health Professionals 2 units |
| WS 405 Western Physical Assessment and Lab Test Analysis 4 units |
| AY 500 Externship in Ayurveda 2 units |
| AY 550 Ayurvedic Classics: Astanga Hridayam 3 units |
| AY 600 Ayurvedic Internal Medicine I 3 units |
| AY 605 Ayurvedic Internal Medicine II 3 units |
| AY 610 Ayurvedic Surgery & Treatment of Ear, Eye, Nose, & Throat 3 units |
| AY 615 Pediatric Ayurveda 2 units |
| WS 610 Pharmacology (Allopathic) 2 units |
| AY 700 Doctoral Internship in Ayurveda 30 units |
| AY 710 Clinical Case Seminar in Ayurveda 4 units |
| RE 610 Principles of Research Design 3 units |
| RE 615 Basic Statistics 3 units |
| RE 625 Research Seminar in Compl. & Alternative Medicine 2 units |
| RE 650 Multivariate Statistics 2 units |
| RE 790 Dissertation Development 5 units |
| RE 799 Dissertation 7 units |

**Total 138 units**

To Apply Call 310.550.7445
The Doctor of Homeopathic Medicine degree is a practitioner program designed for serious students who plan to pursue careers in Homeopathy, and may be of interest to licensed members of the healing and helping professions (physicians, pharmacists, chiropractors, and psychologists, for example, as well as non-licensed people who are interested in integrating the principles of homeopathy within their personal and professional lives.)

Homeopathy may be practiced with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).

THE CURRICULUM
The curriculum consists of 120 required semester units and 24 prerequisite units. It includes 1,020 hours of supervised clinical training and internship in AUCM's Homeopathic Intern Clinic.

PREREQUISITE OR COREQUISITE COURSES
(MAY BE COMPLETED IN THE FIRST YEAR OF THE PROGRAM).
A Bachelor's or higher degree is required.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>WS 110</td>
<td>General Chemistry</td>
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<td>WS 120</td>
<td>Western Orthodox Medical Terminology</td>
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<tr>
<td>WS 125</td>
<td>Anatomy and Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>WS 126</td>
<td>Anatomy and Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>PSY 105</td>
<td>Theories of Personality</td>
<td>2</td>
</tr>
<tr>
<td>PSY 110</td>
<td>Abnormal Psychology</td>
<td>2</td>
</tr>
<tr>
<td>HH 200</td>
<td>Bio-Energetic Medicine and Biophysics</td>
<td>4</td>
</tr>
<tr>
<td>NU 200</td>
<td>Principles of Western Nutrition</td>
<td>4</td>
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<td><strong>Total</strong></td>
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REQUIRED COURSES:

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<th>Course Title</th>
<th>Units</th>
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</thead>
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<tr>
<td>HM 300</td>
<td>Principles of Homeopathy</td>
<td>4</td>
</tr>
<tr>
<td>HM 315</td>
<td>Homeopathic Case Taking, Repertorization &amp; Analysis</td>
<td>4</td>
</tr>
<tr>
<td>HM 320</td>
<td>Homeopathic First Aid and Acute Prescribing</td>
<td>4</td>
</tr>
<tr>
<td>HM 325</td>
<td>Miasms and Chronic Diseases</td>
<td>2</td>
</tr>
<tr>
<td>HM 335</td>
<td>Homeopathic Materia Medica for Polycrysts</td>
<td>3</td>
</tr>
<tr>
<td>HM 340</td>
<td>Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts, and Flower Essences</td>
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</tr>
<tr>
<td>HM 405</td>
<td>Contemporary Theorists in Classical Homeopathy</td>
<td>4</td>
</tr>
<tr>
<td>HM 410</td>
<td>Homeopathic Psychology</td>
<td>2</td>
</tr>
<tr>
<td>HM 415</td>
<td>Homeopathic Materia Medica -- Mineral Remedies</td>
<td>3</td>
</tr>
<tr>
<td>HM 420</td>
<td>Homeopathic Materia Medica -- Animal Remedies</td>
<td>3</td>
</tr>
<tr>
<td>HM 425</td>
<td>Homeopathic Materia Medica -- Plant Remedies</td>
<td>3</td>
</tr>
<tr>
<td>HM 430</td>
<td>Homeotherapeutics</td>
<td>6</td>
</tr>
<tr>
<td>HM 500</td>
<td>Homeopathy Externship</td>
<td>4</td>
</tr>
<tr>
<td>PSY 315</td>
<td>Listening and Counseling Skills for Health Professors</td>
<td>2</td>
</tr>
<tr>
<td>WS 300</td>
<td>Pathology &amp; The Nature of Disease I</td>
<td>4</td>
</tr>
<tr>
<td>WS 305</td>
<td>Pathology &amp; The Nature of Disease II</td>
<td>4</td>
</tr>
<tr>
<td>WS 405</td>
<td>Western Physical Assessment &amp; Lab Test Analysis</td>
<td>4</td>
</tr>
<tr>
<td>WS 470</td>
<td>Ethics, Legal Issues &amp; Practice Management</td>
<td>2</td>
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<tr>
<td>HM 600</td>
<td>Advanced Miasms Case Management &amp; Long-term Prescribing</td>
<td>4</td>
</tr>
<tr>
<td>HM 605</td>
<td>Advanced Materia Medica with Proverings</td>
<td>6</td>
</tr>
<tr>
<td>HM 615</td>
<td>Selected Works of Homeopathic Masters</td>
<td>2</td>
</tr>
<tr>
<td>HM 620</td>
<td>Selected Issues in Contemporary Homeopathy</td>
<td>3</td>
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<tr>
<td>HM 630</td>
<td>Pediatric Homeopathy</td>
<td>3</td>
</tr>
<tr>
<td>HM 700</td>
<td>Homeopathy Doctoral Internship</td>
<td>30</td>
</tr>
<tr>
<td>HM 710</td>
<td>Homeopathy Clinical Case Seminar</td>
<td>4</td>
</tr>
<tr>
<td>WS 610</td>
<td>Pharmacology (Allopathic)</td>
<td>2</td>
</tr>
<tr>
<td>RE 608</td>
<td>Principles of Research Design &amp; Statistics for Clinicians</td>
<td>4</td>
</tr>
</tbody>
</table>

**Total** 120 units

To Apply Call 310.550.7445
Ph.D. in Homeopathic Medicine

The Ph.D. degree in Homeopathic Medicine is a practitioner-scholar program designed for serious students who want to not only practice homeopathy but contribute new knowledge to the field by completing an original research and/or theoretical dissertation. Students receive the same intensive clinical education and training in the practice of homeopathy as do students in the D.H.M. Program. However, students in the Ph.D. Program take additional coursework in research and statistics and prepare and defend an original dissertation before a doctoral committee composed of at least three faculty members with doctoral degrees.

Homeopathy may be practiced with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).

To Apply Call 310.550.7445

Ph.D. in Homeopathic Medicine

THE CURRICULUM

The Ph.D. program in Homeopathy consists of 138 semester units. This program offers students the opportunity to receive intensive education and clinical training in the practice of homeopathy while cultivating their capacities to make scholarly contributions to the field.

PREREQUISITE OR COREQUISITE COURSES

(MAY BE COMPLETED IN THE FIRST YEAR OF THE PROGRAM).

A Bachelor’s or higher degree is required:

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>WS 110</td>
<td>General Chemistry</td>
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<tr>
<td>WS 120</td>
<td>Western Orthodox Medical Terminology</td>
<td>2</td>
</tr>
<tr>
<td>WS 125</td>
<td>Anatomy and Physiology I</td>
<td>4</td>
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<tr>
<td>WS 126</td>
<td>Anatomy and Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>PSY 105</td>
<td>Theories of Personality</td>
<td>2</td>
</tr>
<tr>
<td>PSY 110</td>
<td>Abnormal Psychology</td>
<td>2</td>
</tr>
<tr>
<td>HH 200</td>
<td>Bio-Energetic Medicine and Biophysics</td>
<td>4</td>
</tr>
<tr>
<td>NU 200</td>
<td>Principles of Western Nutrition</td>
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Total 24 units

REQUIRED COURSES:

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<th>Course Title</th>
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<tbody>
<tr>
<td>HM 300</td>
<td>Principles of Homeopathy</td>
<td>4</td>
</tr>
<tr>
<td>HM 315</td>
<td>Homeopathic Case Taking, Repertorization, &amp; Analysis</td>
<td>4</td>
</tr>
<tr>
<td>HM 320</td>
<td>Homeopathic First Aid and Acute Prescribing</td>
<td>4</td>
</tr>
<tr>
<td>HM 325</td>
<td>Miasms and Chronic Diseases</td>
<td>2</td>
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<tr>
<td>HM 335</td>
<td>Homeopathic Materia Medica for Polycrasts</td>
<td>3</td>
</tr>
<tr>
<td>HM 340</td>
<td>Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts, and Flower Essences</td>
<td>4</td>
</tr>
<tr>
<td>HM 405</td>
<td>Contemporary Theorists in Classical Homeopathy</td>
<td>4</td>
</tr>
<tr>
<td>HM 410</td>
<td>Homeopathic Psychology</td>
<td>2</td>
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<tr>
<td>HM 415</td>
<td>Homeopathic Materia Medica -- Mineral Remedies</td>
<td>3</td>
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<td>HM 420</td>
<td>Homeopathic Materia Medica -- Animal Remedies</td>
<td>3</td>
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<td>HM 425</td>
<td>Homeopathic Materia Medica -- Plant Remedies</td>
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<tr>
<td>HM 430</td>
<td>Homeotherapeutics</td>
<td>6</td>
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<tr>
<td>HM 500</td>
<td>Homeopathy Externship</td>
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<tr>
<td>PSY 315</td>
<td>Listening and Counseling Skills for Health Professionals</td>
<td>2</td>
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<tr>
<td>WS 300</td>
<td>Pathology &amp; The Nature of Disease I</td>
<td>4</td>
</tr>
<tr>
<td>WS 305</td>
<td>Pathology &amp; The Nature of Disease II</td>
<td>4</td>
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<td>WS 405</td>
<td>Western Physical Assessment &amp; Lab Test Analysis</td>
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<tr>
<td>WS 470</td>
<td>Ethics, Legal Issues &amp; Practice Management</td>
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<tr>
<td>HM 600</td>
<td>Adv. Miasms, Case Management, &amp; Longterm Prescribing</td>
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<tr>
<td>HM 605</td>
<td>Advanced Materia Medica with Provings</td>
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<tr>
<td>HM 615</td>
<td>Selected Works of Homeopathic Masters</td>
<td>2</td>
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<tr>
<td>HM 620</td>
<td>Selected Issues in Contemporary Homeopathy</td>
<td>3</td>
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<tr>
<td>HM 630</td>
<td>Pediatric Homeopathy</td>
<td>3</td>
</tr>
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<td>Pharmacology (Allopathic)</td>
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<tr>
<td>RE 610</td>
<td>Principles of Research Design</td>
<td>3</td>
</tr>
<tr>
<td>RE 615</td>
<td>Basic Statistics</td>
<td>3</td>
</tr>
<tr>
<td>RE 625</td>
<td>Research Seminar in Compl. &amp; Alt. Medicine</td>
<td>2</td>
</tr>
<tr>
<td>RE 650</td>
<td>Multivariate Statistics</td>
<td>2</td>
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<tr>
<td>RE 790</td>
<td>Dissertation Development</td>
<td>5</td>
</tr>
<tr>
<td>RE 799</td>
<td>Doctoral Dissertation</td>
<td>7</td>
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Total 138 units
Ph.D. in Classical Chinese Medicine

The Ph.D. in Classical Chinese Medicine is designed to develop competently trained clinicians, theoreticians, and researchers in the field of Classical Chinese Medicine, while preserving the rich historical, philosophical, and oral traditions of the medicine and increasing their applicability to treatment in modern America. The degree provides an intensive study of the classics and a re-incorporation of much knowledge that is currently available primarily through oral traditions. The first of its kind in America, students will be exposed to a tradition that fully integrates physical, psychological, and spiritual aspects of care. Students are required to complete and defend an original doctoral dissertation before a doctoral committee composed of at least three faculty members with Ph.D. degrees.

Ph.D. in Classical Chinese Medicine

THE CURRICULUM

The doctoral program, consisting of 68 units, offers intensive education and training in the applications of classical traditions in Chinese medicine to modern-day practice. Students also will study the traditions of various clinical specialties and have the opportunity to undergo their own processes of cultivation in Tai Ji Chuan, Healing Qi Gong, and the uses of the I Ching. Students will develop the capacity to contribute new knowledge to the field through their training in research and statistical skills applicable to the study of Classical Chinese Medicine.

PREREQUISITES:

Master’s degree or equivalent (at least 30 graduate units) in Oriental Medicine

REQUIRED COURSES:

DEPARTMENT OF CLASSICAL CHINESE MEDICINE

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>CCM 600</td>
<td>Huang Di Nei Jing (Yellow Emperor’s Internal Classic)</td>
<td>6</td>
</tr>
<tr>
<td>CCM 602</td>
<td>Nan Jing (Classic of Difficult Issues)</td>
<td>3</td>
</tr>
<tr>
<td>CCM 620</td>
<td>Primary Meridian Acupuncture and Herbal Energetics</td>
<td>4</td>
</tr>
<tr>
<td>CCM 622</td>
<td>Sinew Channel Acupuncture and Herbal Energetics</td>
<td>2</td>
</tr>
<tr>
<td>CCM 624</td>
<td>Luo Vessel Acupuncture and Herbal Energetics</td>
<td>2</td>
</tr>
<tr>
<td>CCM 626</td>
<td>Divergent Vessel Acupuncture and Herbal Energetics</td>
<td>3</td>
</tr>
<tr>
<td>CCM 628</td>
<td>Eight Extra Meridian Acupuncture and Herbal Energetics</td>
<td>3</td>
</tr>
<tr>
<td>CCM 630</td>
<td>Classical Needling Techniques Practicum</td>
<td>1</td>
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<tr>
<td>CCM 660</td>
<td>Basic I Ching Theory</td>
<td>3</td>
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<tr>
<td>RE 610</td>
<td>Principles of Research Design</td>
<td>3</td>
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<tr>
<td>RE 615</td>
<td>Basic Statistics</td>
<td>3</td>
</tr>
<tr>
<td>RE 650</td>
<td>Multivariate Statistics</td>
<td>2</td>
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<tr>
<td>RE 625</td>
<td>Research Seminar in Complementary and Alternative Medicine</td>
<td>2</td>
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<tr>
<td>RE 790</td>
<td>Dissertation Development</td>
<td>5</td>
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<tr>
<td>RE 799</td>
<td>Dissertation</td>
<td>7</td>
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</tbody>
</table>

Curriculum is continued on the next page.
Ph.D. in Classical Chinese Medicine

**CURRICULUM (CONTINUED)**

Students must take at least 6 units from courses CCM 604 - CCM 614 and an additional 13 elective units from among all remaining courses between CCM 604 - CCM 720b.

<table>
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<tr>
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<th>Course Title</th>
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<tr>
<td>CCM 604</td>
<td>Jia Yi Jing (Systematic Classic of Acupuncture)</td>
<td>3</td>
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<tr>
<td>CCM 606a</td>
<td>The 4 Great Masters: The Cooling School of Liu Yuan Su</td>
<td>3</td>
</tr>
<tr>
<td>CCM 606b</td>
<td>The 4 Great Masters: The Earth School of Li Dong Yuan</td>
<td>3</td>
</tr>
<tr>
<td>CCM 606c</td>
<td>The 4 Great Masters: The Purging School of Zhang Cong Zheng</td>
<td>3</td>
</tr>
<tr>
<td>CCM 606d</td>
<td>The 4 Great Masters: The Nourishing Yin School of Zhu Zheng</td>
<td>3</td>
</tr>
<tr>
<td>CCM 608</td>
<td>Various Schools of Acupuncture and Chinese Medicine</td>
<td>3</td>
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<tr>
<td>CCM 610</td>
<td>Shang Han Lun (Treatise on Diseases Caused by Cold)</td>
<td>4</td>
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<tr>
<td>CCM 612</td>
<td>Wen Bing (Study of Diseases Caused by Heat)</td>
<td>3</td>
</tr>
<tr>
<td>CCM 614</td>
<td>Jin Gui Yao Lue (Prescriptions from the Golden Cabinet)</td>
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<tr>
<td>CCM 640</td>
<td>Cardiology in Classical Chinese Medicine</td>
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<tr>
<td>CCM 642</td>
<td>Oncology in Classical Chinese Medicine</td>
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<tr>
<td>CCM 644</td>
<td>Psychology in Classical Chinese Medicine</td>
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<tr>
<td>CCM 646</td>
<td>Health Preservation and Rehabilitation in Classical Chinese Medicine</td>
<td>3</td>
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<tr>
<td>CCM 648</td>
<td>Obstetrics and Gynecology in Classical Chinese Medicine</td>
<td>3</td>
</tr>
<tr>
<td>CCM 650</td>
<td>External Medicine in Classical Chinese Traditions</td>
<td>3</td>
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<tr>
<td>CCM 652</td>
<td>Pediatrics in Classical Chinese Medicine</td>
<td>3</td>
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<tr>
<td>CCM 654</td>
<td>Selected Topics in Classical Chinese Medicine</td>
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<tr>
<td>CCM 662</td>
<td>I Ching Applications to Acupuncture</td>
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<tr>
<td>CCM 664</td>
<td>I Ching Applications to Chinese Herbolgy</td>
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<tr>
<td>CCM 666</td>
<td>I Ching Applications to Herbal Formulas</td>
<td>2</td>
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<tr>
<td>CCM 668</td>
<td>I Ching Applications to Cultivation</td>
<td>2</td>
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<tr>
<td>CCM 669</td>
<td>I Ching Applications to Feng Shui and Environments</td>
<td>2</td>
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<tr>
<td>CCM 670</td>
<td>Healing Qi Gong I</td>
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<tr>
<td>CCM 672</td>
<td>Healing Qi Gong II</td>
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<td>CCM 674</td>
<td>Tai Ji Chuan for Health Professionals I</td>
<td>3</td>
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<td>CCM 676</td>
<td>Tai Ji Chuan for Health Professionals II</td>
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<tr>
<td>CCM 678</td>
<td>Buddhist Approaches to Healing</td>
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<tr>
<td>CCM 680</td>
<td>Chinese Medical Language I</td>
<td>3</td>
</tr>
<tr>
<td>CCM 682</td>
<td>Chinese Medical Language II</td>
<td>3</td>
</tr>
<tr>
<td>CCM 701a</td>
<td>Japanese Meridian Therapy I</td>
<td>3</td>
</tr>
<tr>
<td>CCM 701b</td>
<td>Japanese Meridian Therapy II</td>
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<tr>
<td>CCM 705a</td>
<td>Five Elements Acupuncture I</td>
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<td>CCM 705b</td>
<td>Five Elements Acupuncture II</td>
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<tr>
<td>CCM 710a</td>
<td>Korean Hand Acupuncture I</td>
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<td>CCM 710b</td>
<td>Korean Hand Acupuncture II</td>
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<tr>
<td>CCM 720a</td>
<td>Korean Constitutional Medicine I</td>
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<tr>
<td>CCM 720b</td>
<td>Korean Constitutional Medicine II</td>
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</table>

**Total** 68 units
Department of Ayurvedic Medicine

AY 100 Introduction to Ayurveda
Prerequisites: Admission to AA program.
This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

2 units

AY 115 Introduction Pathophysiology & Diagnosis
Prerequisites: Introduction to Ayurveda
This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

AY 120 Ayurvedic Philosophy & Meditational Yoga
Prerequisites: Admission to AA program.
This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life’s purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion and practice.

2 units

AY 130 Kerala Panchakarma, Ayurvedic Bodywork & Basic Therapeutic Massage
Prerequisites: Introduction to Ayurveda
This course presents various Ayurvedic bodywork techniques with special emphasis upon the uses of oleation and herbal poulties in South Indian Malabar cleansing and detoxication therapies. Basic therapeutic massage techniques required for massage licensure will also be explored and practiced. Method of instruction includes lecture, discussion and hands-on practice of techniques.

4 units

AY 135 North Indian Panchakarma
Prerequisites: Introduction to Ayurveda
This course provides a study of the five Ayurvedic purification therapies known as Panchakarma: nasya, vomena, virechena and basti. Method of instruction includes lecture, discussion, presentations and practice of techniques.

4 units

AY 140 Ayurvedic Nutrition
Prerequisites: Introduction to Ayurveda
This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, discussion, presentations and cooking.

2 units

AY 145 Hatha Yoga for Health and Disease
Prerequisites: Introduction to Ayurveda
This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, discussion, demonstration and practice.

2 units

AY 150 Ayurvedic Herbal Medicine
Prerequisites: Introduction to Ayurveda
In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion, and presentations.

4 units

AY 155 Ayurvedic Rasayana and Rejuvenation
Prerequisites: Introduction to Ayurveda
This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations.

2 units
AY 165 Ayurvedic Psychology & Lifestyle Counseling
Prerequisites: Introduction to Ayurveda
This course introduces students to the special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion and role-play.

2 units

AY 190 Ayurvedic Bodywork Practice Management & Ethics
Prerequisites: Admission to AA program.
This course covers professional ethics and business aspects relevant to an Oriental Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with patients, build public relations, and manage finances. Method of instruction includes lecture, discussion, project presentations and role-play.

2 units

AY 195 Ayurvedic Bodywork Internship
Prerequisites: AY 100-130
This internship provides students with an opportunity to practice Ayurvedic bodywork and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete at least 90 different treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.

5 units

Department of Herbology

HB 200 Practical Botany for Making Plant Medicines
This course introduces the science of botany that underlies herbology. Students will learn botanical terminology and classification, and their application to herbal medicine. In practical applications, students will learn how to recognize certain plants and plant families and how to identify the different useful parts of plants. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

HB 205 Introduction to Western Plant Medicines
This course presents an introduction to Western herbology, covering herbs from North and South America and Europe, and discussing the relationship of Western herbs to other Western healing modalities, such as homeopathy, flower essences, and conventional medicine. It also introduces Western philosophies about herbs and compares and contrasts them with the philosophies and practices of herbology in East Asia and India. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

HB 210 Introduction to Chinese Plant Medicines
This course introduces students to Chinese herbal practices, which date back to prehistory. Chinese herbal philosophies will be compared and contrasted with Western and Ayurvedic philosophies and practices. Students will learn about 20 useful Chinese herbal formulas. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

HB 215 Introduction to Ayurvedic Plant Medicines
This course introduces students to Ayurvedic herbal practices, which date back to prehistory as well. Ayurvedic herbal philosophy will be compared and contrasted with Western and Chinese philosophies and practices. Students will learn about 20 useful Ayurvedic herbal formulas. Method of instruction includes lecture, discussion, presentations and collaborative projects.

4 units

Department of Holistic Health

HH 160 Introduction to Healing Qi Gong
This course introduces students to ancient Chinese science of Qi Gong, which can have a profound effect on physical health, as well as be a discipline of mental and spiritual development. Students will learn to identify their own source of Qi, and to use that energy to facilitate healing for themselves and others.

2 units

HH 170 Introduction to Therapeutic Hatha Yoga
This course introduces students to therapeutic uses of the ancient East Indian science of Hatha Yoga, which can have a profound effect on physical health, as well as be a discipline of mental and spiritual development. Students will learn about 25 asanas or poses, their impact on the flow of prana, and their uses in treating disorders and benefiting health. Method of instruction includes lecture, discussion, demonstration and practice.

2 units
HH 200  Bio-Energetic Medicine and Biophysics
This course explores the current trend in research that employs the theories of biophysics to offer explanations as to why energy medicines such as homeopathy, flower essences, acupuncture, and others work. Method of instruction includes lecture, discussion, presentations.

4 units

HH 205 Introduction to Non-Invasive Holistic Diagnostic Methods
This course introduces non-invasive diagnostic techniques that may be useful in assessing a person’s state of health. These include Iridology, Facial Diagnosis, Hand and Foot Diagnosis, Ear Diagnosis, Pulse Diagnosis, and Tongue Diagnosis. Method of instruction includes lecture, discussion and hands-on practice of techniques.

4 units

HH 210 Mind-Body Medical Techniques
This course provides a comprehensive introduction to a variety of mind-body medical techniques, including hypnosis, guided imagery, visualization, relaxation, biofeedback, healing affirmations, and meditation. Method of instruction includes lecture, discussion and hands-on practice of techniques.

4 units

Department of Homeopathy

HM 200 Principles of Clinical Homeopathy
This course provides an overview of the homeopathic method and outlook, giving a brief historical outline of the medicine and introducing special homeopathic terminology. Students will learn the fundamentals of homeopathic philosophy, the preparation and regulation of homeopathic remedies, issues of dosing, and become versed in about 20 remedies in the homeopathic Materia Medica. Method of instruction includes lecture, discussion, presentations.

4 units

HM 205 Homeopathic First Aid in Acute Situations
Prerequisites: HM 200 Principles of Clinical Homeopathy. This course provides students with an understanding of the use of homeopathic remedies and their use in injuries, accidents, and pre- and post-surgery. Students will learn remedies for a variety of acute problems, including respiratory tract, gastrointestinal, urogenital, musculoskeletal, nervous system, and emotional situations. Method of instruction includes lecture, discussion, presentations.

4 units

HM 210 Homeopathy in Chronic Disorders
Prerequisites: HM 200 Principles of Clinical Homeopathy. This course introduces students to homeopathic philosophy and treatment of chronic and long-term problems. Students will learn about miasms, diathesis, terrain, reactional typology, potency and repetition issues, and use of Boericke’s and Boger’s repertories in determining remedies. Method of instruction includes lecture, discussion, practice of looking up rubrics.

4 units

HM 215 Homeopathy for Internal and External Health
Prerequisites: HM 200 Principles of Clinical Homeopathy. This course is designed to extend students’ understanding of the homeopathic Materia Medica by discussing leading remedies for emotional balance and mental enhancement, child development, environmental sensitivities, substance abuse, and cardiovascular, respiratory, nervous, integumentary, gastrointestinal, urogenital, and musculoskeletal systems health. Method of instruction includes lecture, discussion, practice of looking up rubrics.

4 units

Department of Humanities

ENG 101 English Composition
Prerequisites: Admissions to the A.A. Program. This course covers the fundamentals of expository writing used in college and university settings. Students will gain practice in writing compositions and critiquing the writing of others. Method of instruction includes lecture, discussion, written presentations.

2 units

HI 101 History of Medicines Around the World
This course examines the issues of health, illness and medical treatments through space and time, integrating the fields of history, medicine, and medical anthropology. Method of instruction includes lecture, discussion, presentations.

2 units

HUM 101 Survey of Indian and East Asian Philosophical Systems
Prerequisites: Admissions to a degree program. This course introduces students to the major philosophical systems of India and East Asia. Students will learn about Hinduism, Confucianism, Buddhism, Taoism, and other systems. Method of instruction includes lecture, discussion, presentations.

2 units
MA 101 Mathematical Ideas and Paradigms
This course examines the ideas, concepts, and paradigms which have had a significant influence on the growth of modern mathematical thought, with an emphasis on an appreciation of the creative side of mathematics and the fundamental role mathematics has played in the development of modern civilization. Method of instruction includes lecture, discussion, demonstrations and practice.

2 units

Department of Nutrition

NU 200 Principles of Western Nutrition
This course presents the principles of classical nutrition and their adaptation to the needs of today’s society. Included in topics to be explored are basic nutritional supplementation, food combining, diets, fasting, food allergies, and eating disorders. The course also examines environmental pollution such as pesticides, toxic water, chemicals, and electromagnetic fields. Method of instruction includes lecture, discussion, student presentations.

4 units

NU 205 Modern Concepts of Nutrition
Prerequisites: NU 200 Principles of Nutrition.
This course examines the biochemical pathways of all essential nutrients and micronutrients of the body. It also provides a sophisticated and in-depth analysis of the nutritional needs of the human organism and discusses cutting-edge developments in the field of nutrition. Method of instruction includes lecture, discussion, student presentations.

4 units

NU 210 Comparative Nutrition
Prerequisites: NU 200 Principles of Nutrition.
This course provides a comprehensive analysis and evaluation of various dietary regimens, focusing on nutritional, spiritual, and social belief systems concerning food. Vegetarianism, macrobiotics, raw food, food combining, hereditary predispositions and health fads will be explored. Specific dietary recommendations for ailments such as candidiasis, hypoglycemia, premenstrual and auto-immune deficiency syndromes will be covered. Method of instruction includes lecture, discussion, student presentations and collaborative projects.

4 units

NU 215 Nutritional Counseling
Prerequisites: NU 200 Principles of Nutrition.
This course covers essential elements needed for counseling clients regarding nutritional issues. Topics discussed include vitamins, minerals, herbs, tonics, broths, wholesome beverages, acid and alkaline foods, daily food programs, elimination diets, fasting, and rules for eating. Method of instruction includes lecture, discussion, student presentations, role-play of counseling.

4 units

Department of East Asian Bodywork

EAB 100 Intro. to Chinese Medical Theories
Prerequisites: Admissions to the A.A. Program.
This course provides a study of basic principles and theories of Chinese Medicine, covering concepts of Yin and Yang, Five Elements, Eight Principles, Three Fundamental Substances, etiology of disharmonies, and the Zangfu organs. Method of instruction includes lecture, discussion, student presentations.

2 units

EAB 105 Basic Therapeutic Massage
Prerequisites: Admissions to the A.A. Program.
This course presents basic massage movements as well as special techniques for individual areas of the body. Discussed are indications and contraindications for massage, professionalism, and regard for modesty. Method of instruction includes lecture, discussion, demonstration of techniques and hands-on practice.

4 units

EAB 107 Reflexology
Prerequisites: Admissions to the A.A. Program.
This course covers the use of assessment and massage techniques emphasizing the relationship between areas of the feet and the parts of the body. Method of instruction includes lecture, discussion, demonstration of techniques and hands-on practice.

4 units

EAB 110 Introduction to Meridians
Prerequisites: Admissions to the A.A. Program.
This course introduces the meridians of Chinese medicine, covering the classification of acu-points and systems of nomenclature. Students will learn the location of acu-points on the 12 major meridians, plus two of the eight extra meridians. Method of instruction includes lecture, discussion, demonstration, use of diagrams and hands-on practice of point identification.

4 units

EAB 115 Introduction to Chinese Medical Diagnosis
Prerequisites: OB 100 Introduction to Chinese Medical Theories. This course introduces the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Asian Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units
EAB 120 Introduction to Shiatsu (Acupressure)
Prerequisites: OB 110 Introduction to Meridians.
This course trains students in the practical use of finger or hand pressure on acu-points and channels, and provides hands-on training in its use for stress reduction and musculo-skeletal disorders. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 125 Shiatsu Energetics and Therapeutics
Prerequisites: OB 120 Introduction to Shiatsu. OB 115 Introduction to Oriental Diagnosis.
This course provides a study of the energetic functions of the acupoints and ways of combining them to create shiatsu treatments. Method of instruction includes lecture, diagrams & discussion.

4 units

EAB 130 Sports Massage
Prerequisites: OB 105 Basic Therapeutic Massage.
This course introduces the principles of massage for stimulation of muscles both before and after sporting events, with an emphasis upon prevention of injury, relaxation of strained muscles, and quick recovery. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 135 Special Issues in Asian Bodywork
Prerequisites: OB 105 Basic Therapeutic Massage. OB 125 Shiatsu Energetics and Therapeutics.
This course provides a consideration of special issues in Oriental bodywork of infants, pregnant women, elderly, paralyzed persons, and persons with emotional trauma. Method of instruction includes lecture and whole class and small group discussion.

2 units

EAB 140 Neural Structural Bodywork
Prerequisites: OB 105 Basic Therapeutic Massage.
This course presents the principles and techniques from modern neural structural bodywork perspectives, with hands-on practice. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

4 units

EAB 150 Introduction to Tuina
Prerequisites: OB 120 Introduction to Shiatsu.
This course introduces students to the 5,000-year-old art of Tuina, describing the major principles and main schools of its practice. Students will learn basic Tuina manipulations and practice them on the human body.

2 units

EAB 155 Tuina for the Cervical Region
Prerequisites: OB 120 Introduction to Shiatsu.
This course provides an overview of the diagnosis of and Tuina treatments for disorders of the cervical region. Students will learn Tuina techniques to treat stiff necks, cervical spondylosis, herniated cervical intervertebral disc, subluxation of cervical vertebrae, cervical rib syndrome, anterior scalenus syndrome, costoclavicular syndrome, and m. pectoral minor coracoid syndrome. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 160 Tuina for the Lumbar Region
Prerequisites: OB 120 Introduction to Shiatsu.
This course provides a study of the diagnosis of and Tuina treatments for common disorders of the lumbar region. Students will learn Tuina techniques to treat acute lumbar sprain, syndrome of the third lumbar vertebra transverse process, posterior articular disturbance syndrome of the lumbar vertebrae, chronic lumbar muscle strain, retrograde osteoarthropathy of the lumbar vertebrae, rupture syndrome of the fibrous rings of the lumbar intervertebral discus, and sciatica. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 165 Tuina for the Upper Limbs
Prerequisites: OB 120 Introduction to Shiatsu.
This course provides a study of the diagnosis of and Tuina treatments for common disorders of the upper limbs. Students will learn Tuina techniques to treat frozen shoulder, sub-acromial bursitis, tendinitis of supraspinatus muscles, tennis elbow, sprain of the wrist joint, carpal tunnel syndrome, and tendosynovitis stenosans. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 170 Tuina for the Lower Limbs
Prerequisites: OB 120 Introduction to Shiatsu.
This course provides a study of the diagnosis and Tuina treatments for common disorders of the lower limbs. Students will learn Tuina techniques to treat injury of superior cluneal nerves, semi-dislocation of sacro-iliac joint, femoral adductor muscle syndrome, injury of the lateral collateral ligament of the knee joint, degeneration arthritis of the knee joints, and sprain
of the gastrocnemius and the ankle joint. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 175 Tuina for Internal Medicine and Gynecological Problems
Prerequisites: EAB 174 Tuina for Internal Medicine and Gynecological Problems
This course provides an introduction to the use of Tuina techniques in the treatment of internal medical and gynecological disorders. Students will learn Tuina techniques to treat the common cold, asthma, sore throat, stomach aches, constipation, diarrhea, headaches, essential hypertension, insomnia, myopia, dysuria, bi syndrome, functional disturbance of the temporomandibular joint, dysmenorrhea, and mastitis. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 180 Pediatric Tuina
Prerequisites: EAB 174 Tuina for Internal Medicine and Gynecological Problems
This course introduces students to the use of Tuina techniques to treat children, covering commonly used manipulations, indications and contraindications, and treatment of common disorders. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 185 Physical Training and Body Sculpting
Prerequisites: EAB 174 Tuina for Internal Medicine and Gynecological Problems
This course introduces students to the self-treatment of diseases and injuries as well as body enhancement and re-sculpturing. Students will learn simple home exercises to maintain balance and homeostasis. Method of instruction includes lecture, discussion, demonstration and practice.

2 units

EAB 190 East Asian Bodywork Practice Management and Ethics
This course covers professional ethics and business aspects relevant to an Asian Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with patients, build public relations, and manage finances. Method of instruction includes lecture, discussion, student projects and role-play.

2 units

EAB 192 External Application of Chinese Herbs for Trauma
This course introduces students to the external use of Chinese herbs for healing traumas. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

2 units

EAB 195 East Asian Bodywork Internship
Students will learn how to interview patients, develop an East Asian Bodywork plan, and provide Oriental Bodywork under the guidance of an experienced and licensed Asian technique Bodyworker. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.

5 units

Department of Physical Cultivation

PE 101 Introduction to Tai Ji Chuan
This course introduces students to the short form of the Yang style of Tai Ji Chuan, the ancient Chinese exercise system that benefits health. Students will learn to perform the short form of the Yang style. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

2 units

PE 102 Intermediate Tai Ji Chuan
This course offers a continuation of Yang style Tai Ji Chuan. Students will learn how to perform the long form of the Yang style. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

2 units

PE 110 Introductory Hatha Yoga
This course introduces students to the ancient East Indian science of Hatha Yoga, a system for benefiting a person’s physical health, and mental and spiritual well being. Students will learn about 25 asanas or poses, their impact on the flow of prana, and their uses in benefiting health. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

2 units

PE 111 Intermediate Hatha Yoga
This course offers a continuation of learning about Hatha Yoga. Students will learn additional asanas or poses, their impact on the flow of prana, and their uses in benefiting health. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

2 units
Department of Psychology

**PSY 101  Introduction to Psychology**  
Prerequisites: Admissions to a degree program.  
This course introduces students to the field of psychology, including topics in cognitive, experimental, personality, developmental, social, and clinical psychology. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**PSY 105  Theories of Personality**  
Prerequisites: PSY 101 Introduction to Psychology.  
This course covers major theories of personality, including the works of Freud, Adler, Jung, Rogers, Maslow, Pavlov, Skinner, and others. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**PSY 110  Abnormal Psychology**  
Prerequisites: PSY 101 Introduction to Psychology.  
This course presents a survey of the study of abnormal behavior and psychopathology. Students will learn about the range and classification of abnormal behavior and theories of etiology and be introduced to several modalities of treatment. Method of instruction includes lecture, discussion, and student presentations.  
2 units

Department of Western Sciences

**WS 101  Human Biology**  
This course provides students with a general study of human biology designed as an introduction to the health care sciences. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**WS 105  Introduction to Biophysics**  
Prerequisites: Admissions to a degree program.  
This course provides a study of the biophysical laws relevant to the study of complementary and alternative medicine. Topics include electromagnetism, heat, and light. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**WS 110  General Chemistry**  
Prerequisites: Admissions to a degree program.  
This course covers the fundamentals of inorganic chemistry.  
2 units

Course Descriptions  
Graduate Curriculum  
Emphasis is on theory rather than mathematical formulations. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**WS 115  Nutritional Chemistry (or Organic and Biochemistry)**  
Prerequisites: Admissions to a degree program.  
This course introduces students to physiological chemistry relevant to the study of nutrition and herbal medicine. Topics include basic cellular biology, metabolism, and the structure and function of carbohydrates, lipids, proteins, and nucleic acids. Method of instruction includes lecture, discussion, and student presentations.  
2 units

**WS 120  Western Orthodox Medical Terminology**  
Prerequisites: Admissions to a degree program.  
This course provides students with a study of western orthodox medical terminology and nomenclature, including major prefixes, roots, and suffixes. Method of instruction includes lecture and memorization games.  
2 units

**WS 125  Anatomy and Physiology I**  
Prerequisites: Admissions to a degree program.  
This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, use of Anatomy Coloring Book.  
4 units

**WS 126  Anatomy and Physiology II**  
Prerequisites: WS 125 Anatomy and Physiology I.  
This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion, use of Anatomy Coloring Book.  
4 units
AY 300  Principles of Ayurvedic Medicine
Prerequisites: Admission to the graduate program.
This course examines the basic principles of Ayurvedic medicine, including its aims and objectives, the eight branches, the limbs of treatment, medical ethics, methods of examining patients, pathogenesis, and diagnostic and treatment methods. Method of instruction includes lecture and discussion; distance learning offered through virtual class instruction via WizIQ with live camera, chat and recorded class options.

3 units

AY 305  History and Philosophy of Ayurvedic Medicine
Prerequisites: Admission to the graduate program.
This course explores the historical and philosophical foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provided treatments for benefiting health and eradicating disease. Students also will examine Ayurvedic cosmology and philosophy as embodied in Sankya, one of the six classical schools of East Indian philosophy, which comprises the underlying philosophical system of yoga and Ayurvedic medicine. Method of instruction includes lecture and discussion.

2 units

AY 310  Ayurvedic Anatomy & Physiology
Prerequisites: AY 300 Principles of Ayurvedic Medicine.
This course provides a comprehensive examination of Ayurvedic anatomy and physiology, including the seven tissues, the malas, the organs, and the important role played by Agni. Students will be able to distinguish and apply concepts of the five Vatas, the five Pittas, the five Kaphas, the bodily systems (Srotas) of Ayurveda, and the major nadis. Students will learn to differentiate various energy pathways and prominent marma points. Method of instruction includes lecture, discussion, and student presentations.

4 units

AY 315  Ayurvedic Pathophysiology
Prerequisites: AY 310 Ayurvedic Anatomy and Physiology.
This course critically examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn about pathology in the various Ayurvedic Srotas.

4 units

AY 320  Ayurvedic Diagnosis & Constitutional Analysis
Prerequisites: AY 300 Principles of Ayurvedic Medicine.
This course investigates the diagnostic methods of Ayurveda and the process of performing constitutional analysis to determine the factors that influence the body types. The theories and practical application of diagnosis will be explored. Method of instruction includes lecture, discussion, and student presentations.

4 units

AY 322 Ayurvedic Constitutional Analysis, Body Types & Specific Diets
Prerequisites: AY 300 Principles of Ayurvedic Medicine.
This course investigates the diagnostic methods of Ayurveda and the process of performing constitutional analysis to determine the factors that influence the body types. Students will examine the specific diets appropriate to maintain the health and prevent disease for each constitution. Method of instruction includes lecture, discussion, and student presentations.

4 units

AY 400  Ayurvedic Psychology and Lifestyle Counseling
Prerequisites: AY 300 Principles of Ayurvedic Medicine.
This course analyzes various strategies in Ayurvedic psychology and lifestyle counseling. Students will assess Ayurvedic recommendations for cleansing the body, developing healthy lifestyle habits, adjusting to natural forces, and using the senses, the mind, and the self in appropriate ways. Students also will investigate the energetics of consciousness, Ayurvedic therapies for the mind, and spiritual therapies that are used in Ayurveda. Method of instruction includes lecture, discussion, and role play.

2 units

AY 410  Meditational & Hatha Yoga for Health and Disease
Prerequisites: AY 315 Ayurvedic Pathophysiology.
This course evaluates practices of Meditational Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Students will compare and contrast poses that benefit health and ameliorate various diseases and learn how to modify certain postures to treat patients with specific disorders. Method of instruction includes lecture, discussion, demonstration and group practice of techniques.

3 units
AY 415 Ayurvedic Nutrition
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.
This course provides a study of Ayurvedic nutrition and its role in health and disease. Students will learn how to advise patients to eat according to their body types and cycles of nature and how to eat to benefit health in the face of disease. Students also will learn various Ayurvedic cleansing and detoxification diets to benefit health and ameliorate disease. Method of instruction includes lecture, discussion, and student cooking projects.

3 units

AY 417 Intro to Ayurvedic Herbal Spices
Prerequisites: AY 300 Principles of Ayurvedic Medicine. Common Indian spices are used to correct tissue channel blockages and alleviate doshic imbalances. This course familiarizes the student with what these spices are and how they can be used for maintenance of health. Method of instruction includes lecture and discussion.

2 units

AY 419 Nutrition-focused Ayurvedic Internal Medicine
Prerequisites: AY 315 Ayurvedic Pathophysiology. This course examines common disorders of various internal bodily systems and offers nutritional strategies to support the healing process, rejuvenate the tissues and bring the systems back into balance. Method of instruction includes lecture, discussion, and student presentations.

4 units

AY 420 Ayurvedic Massage & Acupressure
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis. This course investigates the principles of Ayurvedic acupressure and massage and their uses in health and disease. Students will learn to apply these principles in performing Ayurvedic techniques and oleation therapy in Ayurvedic massage. Method of instruction includes lecture, discussion, demonstrations, and hands-on practice of techniques.

2 units

AY 430 Ayurvedic Herbal Medicine I: Individual Herbs
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis. This course provides an intensive examination of the principles of Ayurvedic herbology and the use of herbs in the treatment of a variety of disorders. Students will compare and contrast the tastes, temperatures, channels, functions, indications, and contraindications of a variety of herbs. Method of instruction includes lecture, discussion, and students creating their own herb books.

6 units

AY 435 Ayurvedic Herbal Medicine II: Formulas
Prerequisites: AY 430 Ayurvedic Herbal Medicine I: Individual Herbs. This course investigates Ayurvedic principles of combining herbs into formulas for use in the treatment of a variety of disorders. Students will be able to compare, contrast, and evaluate the functions, indications, and contraindications of a variety of formulas. Method of instruction includes lecture, discussion, demonstration and hands-on practice creating various herbal formulations.

3 units

AY 440 Ayurvedic Panchakarma
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis. This course critically examines the five Ayurvedic purification therapies known as Panchakarma, which are considered to be the most radical ways of cleansing the body and thereby eliminating disease-causing agents. Students will learn how to apprise the usefulness of these techniques for patients with diverse complaints. Method of instruction includes lecture, discussion, and student presentations on each of the panchakarmas.

4 units

AY 445 Ayurvedic Rasayana or Rejuvenation Therapy
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis. This course provides an investigation of special rejuvenation procedures called Rasayana. Students will formulate strategies of using Rasayana with customized nutritional support, herbal formulas, and rejuvenating daily routines with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, and student presentations.

1 units

AY 450 Ayurvedic Subtle Therapies
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis. This course examines the principles of Ayurvedic subtle therapies and their uses in benefiting health and treating disease. Students will compare, contrast, and evaluate traditions including aromatherapy, gem therapy, color therapy, and sound therapy. Method of instruction includes lecture and discussion.

1 units
AY 455 Preventive Care in Ayurveda
Prerequisites: AY 300 Principles of Ayurvedic Medicine.
The primary focus of Ayurvedic Medicine is to prevent illness through Ahar (diet) and Vihar (lifestyle). This course examines Dinacharya, the daily routines of diet, exercise, massage, tongue-scraping, nasal cleansing, etc. that help to prevent the development of illness. Method of instruction includes lecture, discussion, and demonstration and practice of the routines.

2 units

AY 500 Externship in Ayurveda
Prerequisites: At least 20 units of Doctoral level study in Ayurveda.
The externship provides students with the opportunity to observe Ayurvedic treatments in a clinical setting and to begin developing diagnostic skills under the supervision of an experienced Ayurvedic Practitioner. Students are required to complete at least 60 hours of Ayurvedic externship, observing a minimum of 30 consultations/treatments. Method of instruction includes observation of clinical consultations and treatments, discussion with the clinical supervisor and a case analysis.

2 units

AY 550 Ayurvedic Classics: Astanga Hridayam
Prerequisite: AY 300 Prin. of Ayurvedic Medicine
This course explores the diagnostic methods and clinical applications found in Vagbhata’s 6th century Ayurvedic classic, Astanga Hridayam. Students are given an in-depth study of the Astanga Hridayam and its compilation of the internal medicine teachings of the Charak Samhita and the surgical aspects of the Sushruta Samhita. Method of instruction includes lecture and discussion.

3 units

AY 600 Ayurvedic Internal Medicine I
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.
This course provides a comprehensive examination of disorders of the respiratory, cardiovascular, hemopoietic, and digestive systems from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture, discussion, and student presentations of various strategies for treatment.

3 units

AY 605 Ayurvedic Internal Medicine II
Prerequisites: Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional

Analysis AY 600 Ayurvedic Internal Medicine I.
This course provides a comprehensive examination of disorders of the excretory, urinary, reproductive, endocrine, and nervous systems from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture, discussion, and student presentations of various strategies for treatment.

3 units

AY 610 Ayurvedic Surgery and Treatment of Ears, Eyes, Nose and Throat Disorders
Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.
This course provides an in-depth study of disorders of the ears, eyes, nose and throat and the ancient and modern use of surgery from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture and discussion.

4 units

AY 615 Pediatric Ayurveda
Prerequisites: AY 315 Ayurvedic Pathophysiology, AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.
This course examines the numerous treatment strategies and conditions in Ayurvedic Medicine that are specific to children. In addition, special attention is also given to defining which medicinal approaches and therapies are contraindicated. Method of instruction includes lecture, discussion, and student presentations.

2 units

AY 640 Advanced Ayurvedic Panchakarma and Rasayana
Prerequisites: AY 315, AY 320, AY 440
This course provides students with the opportunity to formulate, design, and critique Ayurvedic Panchakarma and Rasayana therapies. Students will learn how to customize nutritional support, herbal formulas, and rejuvenating daily routines with Panchakarma and Rasayana. Method of instruction includes lecture, discussion, and student project.

6 units
AY 700  Internship in Ayurveda:
Prerequisites: AY 500 Externship in Ayurveda; AY 415 Ayurvedic Nutrition; AY 430 Ayurvedic Herbal Medicine; AY 445 Ayurvedic Panchakarma
The internship provides students with an opportunity to practice the theories and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 1,800 hours of Ayurvedic internship, in which they complete at least 300 different treatments, providing case management and treatments for at least 50 different patients. Method of instruction includes supervision of consultations and treatments by students in a clinical setting with discussion of case strategy and methodology.

30 units

AY 710  Advanced Clinical Case Seminar in Ayurveda
Prerequisites: Concurrent with AY 700 Doctoral Internship in Ayurveda.
This seminar provides a forum for a senior Ayurvedic Practitioner and advanced students to present their cases and to engage in rigorous discussion about the cases and case management. Method of instruction includes presentation, discussion, and analysis of cases by instructor and peers.

4 units

Department of Classical Chinese Medicine

CCM 300  Principles of Chinese Medicine
Prerequisites: Admissions to the Graduate Program.
This course investigates the basic principles and theories of Chinese medicine, including Yin-Yang Theory, Five Elements Theory, the Three Treasures, Vital Substances, Zangfu (Internal Organs), Extraordinary Organs, causes of disease, diagnostic methods, and types of pattern identification. Method of instruction includes lecture, discussion, and student presentations.

3 units

CCM 305  Chinese Medical Anatomy & Physiology
Prerequisites: CCM 300 Principles of Chinese Medicine.
This course examines the anatomical and physiological perspective of Chinese medicine including an in-depth exploration of the Zangfu (Internal) organs and the dynamics between the systems that characterize their interaction in maintaining proper function of the body.

4 units

CCM 310  Chinese Medical Pathophysiology
Prerequisites: CCM 305 Chinese Medical Anatomy and Physiology.
This course critically examines disease processes in Chinese medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in disease processes. Students will learn about pathology in the various Zangfu organs. Method of instruction includes lecture, discussion, and student collaborative learning.

4 units

CCM 315 Diagnostic Methods in Chinese Medicine
Prerequisites: CCM 310
This course provides an in-depth exploration of the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Oriental Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, and student collaborative learning.

4 units

CCM 400 Chinese Medical Psychology & Lifestyle Counseling
Prerequisites: CCM 300, CCM 305, CCM 310.
In this course the student explores the deeper psychological implications of imbalances of the various meridian systems, of the zang fu syndromes, implications of the divergent channels and shen disturbances and examine approaches to counseling the patient in making lifestyle adjustments. Method of instruction includes lecture, discussion, and role-play.

2 units

CCM 410 Qi Gong and Tai Qi for Health and Illness
Prerequisites: Acceptance into the Masters program.
This course offers students the principles, history and practice of the healing exercises of Qi Gong as well as the short form of the Yang style of Tai Ji Chuan, the ancient Chinese exercise system that benefits health. Method of instruction includes lecture, demonstration and student practice of techniques.

3 units

CCM 415 Chinese Nutrition
Prerequisites: CCM 300 Principles of Chinese Medicine.
This course explores the practical aspects of utilizing specific
food combinations as preventative medicine as well as to ame-
liorate existing health imbalances. Traditional Chinese food
groups will be examined as well as foods common to American
diet. Method of instruction includes lecture, discussion, and student
cooking presentations.

3 units

CCM 417 Introduction to Chinese Herbal
Formulas
Prerequisites: CCM 300 Principles of Chinese Medicine.
A survey of Chinese herbal formula categories will be examined
and specific formulas for shifting imbalances will be explored in-
depth. Chinese patent remedies will be included. Method of
instruction includes lecture, discussion, and student practicum.

2 units

CCM 419 Nutrition-Focused Chinese
Internal Medicine
Prerequisites: CCM 300, CCM 305, CCM 310, CCM 415
This course guides the student into a deeper understanding of
how to apply Chinese nutritional approaches to more complex
internal medical conditions. Students will learn menu strategies
for specific cases. Method of instruction includes lecture, discussion,
and student presentation of cases with nutrition strategy.

4 units

CCM 600 Huang Di Nei Jing (Yellow
Emperor’s Internal Classic)
Prerequisite: Admission to the Graduate Program.
This course provides an in-depth examination of this most
important work in the history and practice of Chinese medicine.
Students will consider the breadth and depth of the authors’
vision of the art of living and practice of medicine, which provid-
ed the foundation for all subsequent development of Chinese
medicine. The course will cover the 81 chapters of Part I: The
Su Wen, as well as the 81 chapters of Part II: The Ling Shu.
Students will critique various commentaries on the Nei Jing, and
develop their own commentaries on parts of the Nei Jing, judg-
ing the application of Nei Jing thought to contemporary Chinese
medical practice and research. Method of Instruction includes
lecture, discussion, case study and hands-on practicum.

6 units

CCM 602 Nan Jing (Classic of Difficult
Issues)
Prerequisite: Admissions to the Graduate Program.
This course critically examines the second most important work
in the history and practice of Chinese medicine. Students will
compare and critique various issues covered in and commen-
taries on Nan Jing. Method of Instruction includes lecture,
discussion, case study and hands-on practicum.

3 units

CCM 604 Jia Yi Jing (Systematic Classic
of Acupuncture)
Prerequisite: Admissions to the Graduate Program.
This course comprehensively investigates one of the most
important classics in the field of Chinese acupuncture. Stu-
dents will analyze various passages, formulate new treatment
strategies based upon this analysis, and develop methods for
Method of Instruction includes lecture, discussion, case study
and hands-on practicum.

3 units

CCM 606a The Four Great Masters:
The Cooling School of Liu Yuan Su
Prerequisite: CCM 600 Nei Jing.
This course critically evaluates the Cooling School of Liu Yuan
Su, who believed that the root of all disease lay in heat disor-
ders. Students will be expected to design and critique various
practical applications of Liu Yuan Su’s theories for contem-
porary clinical practice. Method of Instruction includes lecture,
discussion, case study and hands-on practicum.

3 units

CCM 606b The Four Great Masters:
The Earth School of Li Dong Yuan
Prerequisite: CCM 600 Nei Jing.
This course critically examines the School of Postnatal Tonifi-
cation of Liu Yuan Su, who believed that the root of all dis-
eases lay in digestive disturbances. Students will be expect-
ed to design and critique practical applications of Li Dong
Yuan’s theories in modern practice. Method of Instruction
includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 606c The Four Great Masters:
The Purging School of Zhang Cong Zheng
Prerequisite: CCM 600 Nei Jing.
This course critically examines the Purging School of Zhang
Cong Zheng, who believed that the root of all disease lay in
toxicity that needed to be purged from the body. Students will
be expected to design and critique practical applications of
Zhang Cong Zheng’s theories for contemporary practice.
Method of Instruction includes lecture, discussion, case study
and hands-on practicum.

3 units
CCM 606d The Four Great Masters: The Nourishing Yin School of Zhu Zheng Heng
Prerequisite: CCM 600 Nei Jing.
This course critically examines the Water School of Zu Zheng Heng, who believed that the root of all disease lay in Yin fire conditions. Students will be expected to design and critique practical applications of Zu Zheng Heng’s theories for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 3 units

CCM 608 Various Schools of Acupuncture and Chinese Medicine
Prerequisite: Admissions to the Graduate Program.
This course investigates the major works of other Masters of Classical Chinese Medicine. Students will be expected to design and critique practical applications of at least two Masters’ theories for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 3 units

CCM 610 Shang Han Lun (Treatise on Diseases Caused by Cold)
Prerequisite: Admissions to the Graduate Program.
This course critically evaluates this essential work in the history of Chinese Medicine and Herbology and applications to contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 4 units

CCM 612 Wen Bing (Study of Diseases Caused by Heat)
Prerequisite: Admissions to the Graduate Program.
This course critically examines this essential work in the history of Chinese Medicine and Herbology. Students will be expected to formulate and assess various treatments using strategies elucidated in this text. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 3 units

CCM 614 Jin Gui Yao Lue (Essential Prescriptions from the Golden Cabinet)
Prerequisite: Admissions to the Graduate Program.
This course investigates the seminal work in herbal medicine by the author of the Shang Han Lun. Students will be expected to formulate and assess various treatments using strategies elucidated in this text. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 2 units

CCM 620 Primary Meridian Acupuncture and Herbal Energetics
Prerequisite: Admissions to the Graduate Program.
This course investigates the roles of the Primary Meridians in the meridian systems of Classical Chinese Medicine, according to the classics. Students will critically examine the classical theories behind the special points and the energetic functions of acupuncture points and meridian pathways for the 12 Regular Meridians. The course also explores the energetics of herbs that resonate with the Primary Meridians and strategies to access and treat the Primary Meridians with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 4 units

CCM 622 Sinew Channel Acupuncture and Herbal Energetics
Prerequisite: Admissions to the Graduate Program.
This course investigates the roles of the Sinew channels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically examine the classical theories of the Sinew channels and various uses of these meridians in the treatment of physical and psychological disorders. The course also explores the energetics of herbs that resonate with the Sinew channels and strategies to access and treat the Sinew channels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum. 2 units

CCM 624 Luo Vessel Acupuncture and Herbal Energetics
Prerequisite: Admissions to the Graduate Program.
This course investigates the roles of the Luo Vessels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate the classical theories of the Luo vessels and energetic functions of transverse and longitudinal branches for the 15 Luo meridians. This course also explores the energetics of herbs that resonate with the Luo vessel and strategies to access and treat the Luo vessels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum, also distance learning supplement video via Vimeo Pro. 2 units
CCM 626 Divergent Vessel Acupuncture and Herbal Energetics
Prerequisite: Admissions to the Graduate Program.
This course investigates the roles of the 12 Divergent Meridians in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate the classical theories of the Divergent vessels and the energetic functions of each of the meridians. The course also explores the energetics of herbs that resonate with the Divergent meridians and strategies to access and treat the Divergent vessels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
3 units

CCM 628 Eight Extra Meridian Acupuncture and Herbal Energetics
Prerequisite: Admissions to the Graduate Program.
This course investigates the roles of the Eight Extra Vessels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate classical theories regarding the Eight Extra vessels. The course also explores the energetic functions of herbs that resonate with the Eight Extra vessels and strategies to access and treat the Eight Extra meridians with herbs. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
3 units

CCM 630 Classical Needling Techniques Practicum
Prerequisite: Admissions to the Graduate Program.
This course provides an investigation of classical needling techniques as presented in the Ling Shu and other classical works in Chinese medicine. Students will assess the practicality and efficacy of the nine types of needling used in classical traditions and formulate various methods to adapt the needling techniques to modern practice. The classical emphasis on the importance of the breath and resonance with the patient will be explored. In the practicum, students will practice each of the nine classical needling techniques under the supervision of the instructor. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
1 unit

CCM 640 Cardiology in Classical Chinese Medicine
Prerequisite: Admissions to the Graduate Program.
This course investigates paradigms for understanding and treating cardiac disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

CCM 642 Oncology in Classical Chinese Medicine
Prerequisite: Admissions to the Graduate Program.
This course investigates paradigms for understanding and treating both the yin and yang forms of cancer, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
3 units

CCM 644 Psychology in Classical Chinese Medicine
This course investigates paradigms for understanding and treating psychological disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
3 units

CCM 646 Health Preservation & Rehabilitation in Classical Chinese Medicine
Prerequisite: Admissions to the Graduate Program.
This course provides a comprehensive investigation of Classical Chinese Medical traditions for health preservation and rehabilitation, as elucidated in classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.
3 units

CCM 648 Obstetrics and Gynecology in Classical Chinese Medicine
Prerequisite: Admissions to the Graduate Program.
This course investigates paradigms for understanding and treating obstetrical and gynecological disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture,
discussion, case study and hands-on practicum.  

**CCM 650  External Medicine in Classical Chinese Traditions**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates paradigms for understanding and treating disorders in the field of "Wei Ke", or external medicine, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice in dermatology, traumatology, and the study of musculo-skeletal disorders. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 652  Pediatrics in Classical Chinese Medicine**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates paradigms for understanding and treating pediatric disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 654  Selected Topics in Classical Chinese Medicine**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates additional Classical Chinese Medical specialties, as elucidated through classical writings. These topics are chosen upon the basis of students' interest. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 650  External Medicine in Classical Chinese Traditions**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates paradigms for understanding and treating disorders in the field of "Wei Ke", or external medicine, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice in dermatology, traumatology, and the study of musculo-skeletal disorders. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 652  Pediatrics in Classical Chinese Medicine**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates paradigms for understanding and treating pediatric disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 654  Selected Topics in Classical Chinese Medicine**  
Prerequisite: Admissions to the Graduate Program.  
This course investigates additional Classical Chinese Medical specialties, as elucidated through classical writings. These topics are chosen upon the basis of students' interest. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

3 units

**CCM 660  Basic I Ching Theory**  
Prerequisite: Admissions to the Graduate Program.  
The I Ching or the Book of Changes, one of the oldest extant Chinese Classics, provides the underlying theory for studying Classical Chinese Medicine. Master Chinese Physician Sun Si-Miao stated, "Without understanding the I Ching, it is not possible to become a supreme doctor." This course investigates the I Ching, various methods of casting and interpreting the resulting hexagrams, including the Future and Inner Hexagrams, Trigrams, and moving lines, with a focus upon medical applications. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

Up to 12 units

**CCM 662  I Ching Applications to Acupuncture**  
Prerequisite: CCM 622 Basic I Ching Theory.  
This course critically examines I Ching applications in acupuncture. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

2 units

**CCM 664  I Ching Applications to Chinese Herbology**  
Prerequisite: CCM 622 Basic I Ching Theory.  
This course critically examines I Ching applications in Chinese herbology. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

2 units

**CCM 666  I Ching Applications to Herbal Formulas**  
Prerequisite: CCM 622 Basic I Ching Theory.  
This course critically examines I Ching applications in writing Chinese Herbal Formulas. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

2 units

**CCM 668  I Ching Applications to Cultivation**  
Prerequisite: CCM 622 Basic I Ching Theory.  
This course critically examines I Ching applications in philosophy and cultivation. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.  

2 units

**CCM 669  I Ching Applications to Feng Shui and Environments**  
Prerequisite: CCM 622 Basic I Ching Theory.  
This course critically examines I Ching applications in Feng Shui and other environmental considerations. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

2 units
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<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>CCM 670</td>
<td>Healing Qi Gong I</td>
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<td>Prerequisites: Admissions to the graduate program.</td>
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<td></td>
<td>This course examines Healing Qi Gong methods for health professionals, focusing upon the cultivation of Jing and Qi and learning how to gather and use energy. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.</td>
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<tr>
<td>CCM 672</td>
<td>Healing Qi Gong II</td>
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<td>Prerequisites: CCM 670 Healing Qi Gong I.</td>
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<td></td>
<td>This course examines advanced Healing Qi Gong methods for health professionals, focusing upon the use of light, mind power, visualization, imagination, Jing, Qi, Shen, Hun, and Po in healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.</td>
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<td>CCM 674</td>
<td>Tai Ji Chuan for Health Professionals I</td>
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<td>Prerequisites: Admissions to the Graduate Program.</td>
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<td></td>
<td>This course introduces theoretical and practical training in Daoist methods of strengthening and transforming the health professiona’s body to become an instrument of healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.</td>
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<tr>
<td>CCM 676</td>
<td>Tai Ji Chuan for Health Professionals II</td>
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<td></td>
<td>Prerequisites: CCM 674</td>
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<td></td>
<td>This course introduces theoretical and practical training in Daoist methods of strengthening and transforming the health professiona’s body to become an instrument of healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.</td>
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<tr>
<td>CCM 678</td>
<td>Buddhist Approaches to Healing</td>
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<td>Prerequisites: Admissions to the Graduate Program.</td>
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<td>This course discusses Buddhist theories of medicine and healing, and their application to the practice of Classical Chinese Medicine, with a focus upon the emphasis of the role of health professional’s compassion. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.</td>
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<tr>
<td>CCM 680</td>
<td>Chinese Medical Language I</td>
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<td>Prerequisites: Admission to the graduate program.</td>
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<td>This course provides a comprehensive introduction to Chinese medical language. Students will learn approximately 400 characters relevant to classical Chinese medical literature. Method of instruction includes lecture and language practice.</td>
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<tr>
<td>CCM 682</td>
<td>Chinese Medical Language II</td>
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<td>Prerequisite: CCM 680 Chinese Medical Language I</td>
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<td>A continuation of CCM 680, this course provides students with the opportunity to learn another 400 characters relevant to Chinese medical literature. Method of instruction includes lecture and language practice.</td>
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<tr>
<td>CCM 701a</td>
<td>Japanese Meridian Therapy I</td>
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<td>Prerequisites: Admissions to the Graduate Program.</td>
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<td></td>
<td>This course examines Japanese meridian therapy approaches to acupuncture treatments. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.</td>
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<tr>
<td>CCM 701b</td>
<td>Japanese Meridian Therapy II</td>
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<tr>
<td></td>
<td>Prerequisites: CCM 670 Japanese Meridian Therapy II</td>
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<td></td>
<td>This course provides intermediate study of Japanese meridian therapy approaches to acupuncture treatment. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.</td>
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<tr>
<td>CCM 705a</td>
<td>Five Elements Acupuncture I</td>
<td>3</td>
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<td>Prerequisites: Admissions to the Graduate Program.</td>
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</tbody>
</table>
This course critically examines R. Worsley's Five Elements Tradition and its diagnostic and treatment procedures. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 705b  Five Elements Acupuncture II
Prerequisites: CCM 674 Five Elements Acupuncture I.
This course provides an advanced critical analysis of J. R. Worsley's Five Elements Tradition and its application to various disharmonies. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 710a  Korean Hand Acupuncture I
Prerequisites: Admissions to the Graduate Program.
This course critically examines the points, meridians, uses, benefits, and limitations of Korean Hand Acupuncture. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 710b  Korean Hand Acupuncture II
Prerequisites: Korean Hand Acupuncture I.
This course provides an advanced analysis of the points, meridians, uses, benefits, and limitations of Korean Hand Acupuncture. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 720a  Korean Constitutional Medicine I
Prerequisites: Admissions to the Graduate Program.
This course critically examines the field of Korean Constitutional Medicine, covering theory, typologies, and uses of herbs, nutrition, and acupuncture in treating disorders. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

CCM 720b  Korean Constitutional Medicine II
Prerequisites: Admissions to the Graduate Program.
This course provides an advanced analysis of the field of Korean Constitutional Medicine, covering theory, typologies, and uses of herbs, nutrition, and acupuncture in treating disorders. Method of instruction includes lecture, discussion, case study and hands-on practicum.

3 units

Department of Homeopathy

HM 300  Principles of Homeopathy
Prerequisites: Admissions to the doctoral program.
This course examines the fundamental principles of classical homeopathy, including Hahnemann's conceptions of the vital force and its role in health and disease, the law of similars, the law of provings, the totality of symptoms, the concept of potentization, hierarchy of the body systems, Herring's Law of cure, progression of chronic diseases, issues of suppression, palliation, aggravation, and antidotes, and an introduction to Materia Medica and Repertories. Students will also learn the history and legacy of Homeopathy and the concepts of Homeopathic pharmacy, potency and the 6th Organon. Method of instruction includes lecture, discussion, and student presentations.

4 units

HM 315  Homeopathic Case Taking, Repertorization & Analysis
Prerequisites: Admissions to the doctoral program.
This course investigates various methods of taking a case or conducting a complete homeopathic assessment interview. Students also compare, and contrast at least three methods, synthesize their knowledge in developing their own case-taking procedures and forms, and evaluate various methods of organizing and analyzing case material. Students will read, interpret, and evaluate several passages from Hahnemann's Organon of Medical Art; and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and role-play.

4 units

HM 320  Homeopathic First Aid and Acute Prescribing
Prerequisites: HM 300.
This course examines the use of homeopathy in first aid and acute situations. Students will read, interpret, and evaluate several passages from Hahnemann's Organon of Medical Art; and compare and contrast various source materials on several first aid and acute remedies. Method of instruction includes lecture, discussion, and student presentations.

4 units

HM 325  Miasms and Chronic Diseases
Prerequisites: Admissions to the doctoral program.
This course investigates Hahnemann's writings on homeopathy and chronic diseases. Students will evaluate writings from
various homeopathic masters about obstacles to cure, miasms, nosodes and sarcodes, and other miasmatic treatments for various constitutions, and palliation for incurable diseases. Students will read, interpret, and evaluate several passages from Hahnemann’s Organon of Medical Art; and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

HM 335 Homeopathic Materia Medica for Polycrystals
Prerequisite: Admissions to the doctoral program.
This course provides an intensive examination of common homeopathic remedies and their use in benefiting the health of persons with physical and psychological problems. Students will compare and contrast various homeopathic polycrests across a wide array of dimensions. Students also will assess and compare various homeopathic materia medicas and learn how to research remedies. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

3 units

HM 340 Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts & Flower Essences
Prerequisites: Admissions to the doctoral program.
This course investigates homeotherapeutic remedies that have been developed in the last 50 years at French medical schools, including: gemmotherapy, organotherapy, lithotherapy, and oligo-therapy. This course also examines Schuessler’s work on Cell or Biochemic Tissue Salts, which stem from vital minerals onstituents of the human body and investigates the properties of Bach Flowers, California Flowers and other recently discovered flower essences, which are used to balance and soothe the mental and emotional states of humans and animals. Method of instruction includes lecture, discussion, and student presentations.

4 units

HM 405 Contemporary Theorists in Classical Homeopathy
Prerequisites: HM 300 Principles of Homeopathy.
This course critically evaluates the works of four contemporary homeopathic masters: Rajan Sankaran, George Vithoulkas, Paul Herscu, and Francisco Xavier Eizayaga. Students will read, interpret, and evaluate several passages from Hahnemann’s Organon of Medical Art and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

4 units

HM 410 Homeopathic Psychology
Prerequisites: HM 300 Principles of Homeopathy.
This course investigates the relationship of remedies to various psychological states and provides practice for students in selecting rubrics for psychological problems. Students will read, interpret, and evaluate several passages from Hahnemann’s Organon of Medical Art and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

2 units

HM 415 Homeopathic Materia Medica--Mineral Remedies
Prerequisites: At least one Homeopathic Materia Medica course.
This course provides an intensive examination of remedies made from minerals and their use in the practice of homeopathy. Students will assess and compare various theories regarding mineral remedies and research each of the mineral remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

3 units

HM 420 Homeopathic Materia Medica--Animal Remedies
Prerequisites: At least one Homeopathic Materia Medica course.
This course provides an intensive examination of remedies made from animal products and their use in the practice of homeopathy. Students will assess and compare various theories regarding animal remedies, including species characteristics, and research each of the animal remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

3 units

HM 425 Homeopathic Materia Medica--Plant Remedies
Prerequisites: At least one Homeopathic Materia Medica course.
This course provides an intensive examination of remedies made from plant products and their use in the practice of homeopathy. Students will assess and compare various theories regarding plant remedies, including family and genus characteristics, and research each of the plant remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

3 units
HM 430  Homeotherapeutics  
Prerequisites: HM 300 Principles of Homeopathy.
This course comprehensively examines the uses of homeopathy in the treatment of internal and external disorders. Method of instruction includes lecture, discussion, and small group collaborative learning  
6 units

HM 500  Homeopathy Externship  
Prerequisites: HM 300 Principles of Homeopathy; at least two additional units of doctoral level study of homeopathy.
The externship provides students with the opportunity to observe case taking in a clinical setting and to begin taking cases on their own under the supervision of an experienced homeopath. Method of instruction includes observation of consultations and discussion with supervisor and interns about diagnoses of the cases, treatment and follow-up.  
4 units

HM 600  Advanced Miasms, Case Management, and Long-Term Prescribing  
Prerequisites: HM 300, HM 315, HM 325.
This course provides an intensive and comprehensive analysis of Hahnemann’s and other great homeopathic master’s writings on miasms, chronic disease, and issues involved in long-term prescribing. Students will investigate, synthesize, and critique advanced material about obstacles to cure, miasms, the use of nosodes and sarcodes, and other miasmatic treatments for the constitution, and palliation for incurable diseases. Students are required to present case material from their homeopathic doctoral internship or practices to demonstrate and assess the applicability of their evolving ideas to clinical practice and contemporary strategies in homeopathic research. Method of instruction includes lecture, discussion, and application of analysis to sample cases.  
4 units

HM 605  Advanced Materia Medica with Provings  
Prerequisites: HM 335, HM .415, HM 420, HM 425
In this course, students will create new knowledge about homeopathic remedies, by conducting and participating in provings of remedies and by synthesizing, integrating, and appraising the results obtained from other master provers of homeopathic remedies. Method of instruction is through hands-on application of homeopathic proving methods and group discussion of the results.  
6 units

HM 615  Selected Works of Homeopathic Masters  
Prerequisites: HM 300
This seminar course critically examines the works and writings of two homeopathic masters, with a focus upon an evaluation of their application to contemporary homeopathic practice. Students will be required to differentiate and synthesize various perspectives as they use this material to formulate new strategies in homeopathic practice and research. Method of instruction includes lecture, discussion, and application of strategies to cases.  
2 units

HM 620  Selected Issues in Contemporary Homeopathy  
Prerequisites: HM 300, 315, HM 320, HM 325
This course provides an intensive examination of one or more issues in contemporary homeopathy. Examples of topics include resonance homeopathy and the use of homeopathy for constitutional enhancement. Students will be required to challenge and critique, and assess these newer perspectives. Method of instruction includes lecture, discussion, and small group collaborative learning.  
3 units

HM 630  Pediatric Homeopathy  
Prerequisites: HM 300, HM 315, HM 320, HM 325
This course provides an intensive examination of issues relevant to the use of homeopathy with infants, children, and adolescents. Method of instruction includes lecture and discussion.  
3 units

HM 700  Homeopathy Doctoral Internship  
Prerequisites: Prerequisites: HM 300, HM 315, HM 320, HM 325, HM 500, all Materia Medica courses.
In this internship training experience, students will be supervised by highly experienced practitioners of homeopathy in their intake, analysis, remedy recommendations and follow-ups of patients. Method of instruction involves supervised intake of cases, evaluation and discussion of repertorization methods, defending selected rubrics to the supervisor and peers.  
30 units

HM 710  Homeopathy Clinical Case Seminar  
Prerequisites: Concurrent with HM 700 Homeopathic Doctoral Internship.
This seminar provides a forum for an experienced homeopath and students to present their cases and to engage in rigorous discussion about the cases and case management. Method of instruction includes lecture and in-depth group discussion and analysis of a cross-section of clinical cases.

3 units

Department of Nutritional Medicine

NU 305 Macro & Micronutrients
Prerequisites: Acceptance into the Masters program.
The macronutrients of carbohydrates, proteins and fats and micro nutrients of vitamins and minerals are examined in their interactions with one another, combinations that result in proper absorption, as well as the deficiencies that lead to diseases like Protein Energy Malnutrition, Scurvy, Rickets, Beri Beri, Hypocalcemia, Osteomalacia, Vitamin K Deficiency, Pellagra, Cheilosis, Menkes Disease, etc. Method of instruction includes lecture, discussion and student presentations.

4 units

NU 310 Nutrition in the Life Cycle
Prerequisites: Acceptance into the Masters program.
This course examines the nutritional needs of the body during various life stages including the nutritional needs of the pregnant mother, the growing fetus, the developing child, young adult, for fertility, for menopause and in aging adults. Method of instruction includes lecture, discussion and student presentations.

2 units

NU 315 Comparative Western Diets
Prerequisites: Acceptance into the Masters program.
In this course, students will compare and contrast various western dietary approaches to health including cutting edge programs and new research, theories and paradigms. Method of instruction includes lecture, discussion and student presentations.

3 units

NU 320 Eating Disorders
Prerequisites: Acceptance into the Masters program.
This class defines, researches and analyzes various eating disorders including Anorexia, Bulimia, Compulsive Overeating and Binge Eating Disorder, etc. Students will be able to identify issues, signs and factors, associated dangers and recovery strategies for eating disorders. Method of instruction includes lecture, discussion and student presentations.

2 units

NU 330 Nutritional Supplementation
Prerequisites: Acceptance into the Masters program.
This course will examine the pros and cons of nutritional supplementation, studies on its efficacy, reports on soil depletion, its implications in treatment of physical and psychological disorders, in athletic performance enhancement and the contraindications from overdose. Method of instruction includes lecture, discussion and student presentations.

2 units

NU 417 Intro to Western Herbs
Prerequisites: Acceptance into Masters program.
This course explores Western herbology, including herbs from North and South America and Europe, and discussing the relationship of Western herbs to other Western healing modalities, such as homeopathy, flower essences, and conventional medicine. It also introduces Western philosophies about herbs and compares and contrasts them with the philosophies and practices of herbology in East Asia and India. Method of instruction includes lecture, discussion and student presentations.

4 units

NU 425 Western Nutritional Assessment & Therapy
Prerequisites: Acceptance into the Masters program.
Students learn different approaches to nutritional analysis including: physical examination of the skin, eyes, lips, mouth, gums, tongue, hair, and nails; examination of height, weight, blood pressure, glands, subcutaneous tissue, musculoskeletal system, gastrointestinal system, nervous system, and cardiovascular system; dietary intake evaluated by various techniques including food frequency questionnaires, 24-hour diet recalls, and a 3-, 5-, or 7-day food diary; use of screening tools that determine pH, fat, fiber, glucose, vitamin and mineral levels through blood, urine and hair analysis, etc. Method of instruction includes lecture, discussion and student presentations.

4 units

NU 500 Nutritional Medicine Internship
Prerequisites: NU 305, NU 315, NU 310, NU 320, NU 425
In a clinical setting, students will have the opportunity to practice counseling sessions and learn to work with clients to create nutritional program strategies for various health disorders and imbalances. Method of instruction includes supervision of clinical consultations and discussion of diagnoses and strategies.

10 units
Department of Western Clinical Sciences

WS 300 Pathology and the Nature of Disease I
Prerequisites: WS 120 Western Orthodox Medical Terminology; WS 125 Anatomy and Physiology I; WS 126 Anatomy and Physiology II.
This course provides a comprehensive study of basic pathological processes from the perspective of orthodox medicine. Students will examine various concepts in microbiology and pathology, including inflammations, infections, immunity, immunology, and non-neoplastic and neoplastic proliferations. Students also will compare and contrast diverse circulatory and cardiothoracic disorders. Method of instruction includes lecture, discussion and student presentations.

WS 305 Pathology and the Nature of Disease II
Prerequisites: WS 120, WS 126. Recommended Prerequisite: Pathology and the Nature of Disease I.
This course continues the comprehensive study of pathological processes from the perspective of orthodox medicine. Students will examine, compare, and contrast various disorders of the respiratory, endocrine, alimentary, genitourinary, nervous and musculoskeletal systems as well as disorders of homopoietic and lympho-reticular tissues. Method of instruction includes lecture, discussion and student presentations.

WS 405 Western Physical Assessment & Laboratory Test Analysis
Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.
This course investigates Western orthodox physical diagnostic processes, emphasizing three clinical skills: history taking, physical examination, and logical thinking. Students will learn how to perform and evaluate a physical examination of the head, nervous system, thorax, and abdomen. Students also will learn how to evaluate relevant laboratory tests needed to confirm or rule out various disorders from an orthodox medical perspective. Method of instruction includes lecture, discussion and practical hands-on performance of exams.

WS 470 Ethics, Legal Issues, and Practice Management
Prerequisites: Admissions to the Graduate Program.
In this course, students will investigate issues in ethics, jurisprudence, practice management and current problems that confront the modern health care practitioner, with a focus on laws, ethics, and practice management for practitioners of complementary and alternative medicine in California. Method of instruction includes lecture, discussion and student role-play.

WS 610 Pharmacology (Allopathic)
Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.
This course examines Western Orthodox Medical pharmacology, with an emphasis on the classification, major actions, and side effects of commonly prescribed medications and possible interactions of drugs with herbs, homeopathic remedies, and/or nutritional supplements. Method of instruction includes lecture, discussion and student project.

WS 300 Pathology and the Nature of Disease I
Prerequisites: WS 120 Western Orthodox Medical Terminology; WS 125 Anatomy and Physiology I; WS 126 Anatomy and Physiology II.
This course provides a comprehensive study of basic pathological processes from the perspective of orthodox medicine. Students will examine various concepts in microbiology and pathology, including inflammations, infections, immunity, immunology, and non-neoplastic and neoplastic proliferations. Students also will compare and contrast diverse circulatory and cardiothoracic disorders. Method of instruction includes lecture, discussion and student presentations.

WS 305 Pathology and the Nature of Disease II
Prerequisites: WS 120, WS 126. Recommended Prerequisite: Pathology and the Nature of Disease I.
This course continues the comprehensive study of pathological processes from the perspective of orthodox medicine. Students will examine, compare, and contrast various disorders of the respiratory, endocrine, alimentary, genitourinary, nervous and musculoskeletal systems as well as disorders of homopoietic and lympho-reticular tissues. Method of instruction includes lecture, discussion and student presentations.

WS 405 Western Physical Assessment & Laboratory Test Analysis
Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.
This course investigates Western orthodox physical diagnostic processes, emphasizing three clinical skills: history taking, physical examination, and logical thinking. Students will learn how to perform and evaluate a physical examination of the head, nervous system, thorax, and abdomen. Students also will learn how to evaluate relevant laboratory tests needed to confirm or rule out various disorders from an orthodox medical perspective. Method of instruction includes lecture, discussion and practical hands-on performance of exams.

WS 470 Ethics, Legal Issues, and Practice Management
Prerequisites: Admissions to the Graduate Program.
In this course, students will investigate issues in ethics, jurisprudence, practice management and current problems that confront the modern health care practitioner, with a focus on laws, ethics, and practice management for practitioners of complementary and alternative medicine in California. Method of instruction includes lecture, discussion and student role-play.

WS 610 Pharmacology (Allopathic)
Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.
This course examines Western Orthodox Medical pharmacology, with an emphasis on the classification, major actions, and side effects of commonly prescribed medications and possible interactions of drugs with herbs, homeopathic remedies, and/or nutritional supplements. Method of instruction includes lecture, discussion and student project.

PSY 315 Listening and Counseling Skills for Health Professionals
Prerequisites: Admissions to the Graduate or Doctoral Program.
This course examines the relationships between patients and health professionals. Students will evaluate issues regarding the development of trust and healthy communications in a therapeutic environment. Method of instruction includes lecture, discussion and student role-play.

Department of Research and Dissertation Development

RE 300 Principles of Research Design and Statistics in Nutrition
Prerequisites: Admissions to the Graduate Program.
This course investigates the principles of research design and statistics as it relates to nutrition and understanding scientific nutritional studies. Method of instruction includes lecture, discussion and student project.

RE 608 Principles of Research Design & Statistics for Clinicians
Prerequisites: Admissions to the Doctoral Program.
This course investigates at an advanced level the principles of
research design and statistics as it applies to clinical practice and the understanding and evaluation of clinical studies and research. Method of instruction includes lecture, discussion and student project.

3 units

RE 610 Principles of Research Design
Prerequisites: Admissions to the Doctoral Program.
This course investigates at an advanced level the principles of research design in the health sciences, providing students with the skills to formulate research questions and design and execute projects to appropriately evaluate their hypotheses. Method of instruction includes lecture, discussion and student project.

3 units

RE 615 Basic Statistics
Prerequisites: Admissions to the Doctoral Program.
This course critically examines principles of descriptive and inferential statistics. Students will be required to demonstrate the applicability and appraise the appropriateness of the use of various statistical procedures including frequency distributions, t-tests, analysis of variance, analysis of covariance, chi square and other parametric and nonparametric techniques. Method of instruction includes lecture and discussion.

3 units

RE 625 Research Seminar in Complementary & Alternative Medicine
Prerequisites: RE 610 Principles of Research Design.
This course provides an intensive review of the research literature in some field of complementary and alternative medicine. Topics may include acupuncture, botanical medicine, homeopathy, Ayurvedic medicine, Qi Gong, nutrition, and mind-body medicine. Method of instruction includes lecture, discussion and student presentation.

2 units

RE 650 Multivariate Statistics
Prerequisites: RE 600 Principles of Research Design; RE 615 Basic Statistics.
This course critically examines the major multivariate statistical techniques used in complementary and alternative medical research, enabling students to design and execute the analysis of data and interpret the results. Emphasis will be placed upon correctly interpreting computer print-outs using SPSS. Statistical procedures covered include multiple correlation and regression, partial and semi-partial correlation, regression analogues of analysis of variance and analysis of covariance, discriminant function analysis, and multivariate analysis of variance. Method of instruction includes lecture and discussion.

2 units

RE 790 Dissertation Development
Prerequisites: RE 600 Principles of Research Design; RE 615 Basic Statistics.
The student, under the supervision of an approved doctoral research mentor and a three-member dissertation committee, develops and defends a dissertation proposal focusing upon a specific aspect of the study or practice of his or her doctoral specialty. Method of instruction includes lecture, discussion and student participation in a current dissertation project.

5 units

RE 799 Doctoral Dissertation
Prerequisites: RE 790 Dissertation Development.
The student conducts the dissertation project, writes up, and defends the project, working under the supervision of an approved doctoral dissertation chairman and a three-member supervision and guidance by and discussion with dissertation committee. Method of instruction involves discussion, review and feedback by the supervising dissertation committee.

7 units
BRANDON HORN, J.D., PH.D., L.Ac.
President and Chief Academic Officer
(See Page 66)

DR. VLADIMIR BOKARIUS, PH.D., M.D., L.Ac.
Medical Director/Chair, Western Clinical Science
(See Page 61)

JEANNE ZEEB
Chair of Homeopathy
(See Page 69)

PARLA S. JAYAGOPAL, B.A.M.S., M.D. (AYUR)
Chair of Ayurvedic Medicine
(See Page 63)

JOHN HOLMSTROM III, M.S., L.Ac.
Chair of Asian Bodywork
(See Page 71)

JOSEPH CHAI, M.S.
Chief Operations Officer
SHEILA GEORGE, M.D.
Board of Directors, Member

Attended Oriental medical school in New York and interned in acupuncture in the People’s Republic of China in the 1980’s. She then met Jeffrey C. Yuen, the 88th Generation Taoist Master of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, with whom she has studied for over ten years. Together with Mr. Yuen, she co-founded the Master’s degree program in Acupuncture at the Swedish Institute of Health Sciences in New York, where she served as Academic Dean until 1999 and served on the Board of Directors. She also is a member of the New York Acupuncture Board. She has served as a staff acupuncturist in the Cancer Program at Memorial Sloane Kettering Hospital in New York City, where she currently maintains a private practice.

VLADIMIR BOKARIUS, PH.D., M.D., L.AC.,
Board of Directors, Chair

Masters degree in Physiology, Leningrad State University, U.S.S.R. 1983
M.D., Kuban State Medical Institute, Krasnodar, USSR. 1991
Ph.D. in Physiology, St. Petersburg State University, Russia. 1995.
M.S. in Oriental Medicine, Samra University, Los Angeles. 1999.
Professor, Samra University of Oriental Medicine, Los Angeles. 1998-2000.
Professor, Emperor’s College of Traditional Oriental Medicine, Santa Monica. 1998-1999.
Lecturer, UCLA Center for East-West Medicine, Los Angeles. 1997-2000
Assistant Professor, Dept. of Psycho-Neurology, Insitute of the Human Brain,

TERRENCE OLESON, Ph.D.
Board of Directors, Member

A noted authority and celebrated author on auricular acupuncture therapy. He is a licensed psychologist and received his Master’s degree from Cal State Long Beach and his Doctorate from UC Irvine, both in psychology. He was also a post-doctoral fellow at UCLA. He is currently a professor at many noted institutions, including a professor of psychology and Chair of Psychology and Director of Behavior Medicine at the California Graduate Institute.

KAY STONEBURNER
Board of Directors, Member.
BRANDON HORN, J.D., PH.D, L.Ac.
Board of Directors, Member & President

He received his Doctor of Jurisprudence from Ohio State University College of Law. He earned a M.S. degree in Oriental Medicine form Samra University in Los Angeles and a Ph.D. in Classical Chinese Medicine from the American University of Complementary Medicine. He is a licensed acupuncturist with a clinical practice at the Eastern Center of Complementary Medicine.

JEFFREY C. YUEN
Board of Directors, Member

The 88th Generation Taoist Master of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, ordained by 87th Generation Taoist Master Yu Wen, Jeffrey’s adoptive grandfather. Immersed in the practice and study of Taoism and the classics of Chinese medicine since early childhood, Mr. Yuen offers unparalleled knowledge of the rich, oral traditions that fully integrate physical, psychological, and spiritual facets of the medicine. Together with Dr. Sheila George, he co-founded the Master’s degree program in Acupuncture at the Swedish Institute of Heath Sciences in New York, where he is a professor and director.
DEPARTMENT OF AYURVEDIC MEDICINE:

**DHIREN PATEL, M.D. IN AYURVEDA (INDIA),**
B.S.A.M. in Medical Science, Gujarat Ayurved Medical University.
M.D. in Ayurvedic Medicine, Gujarat Ayurved Medical University.
Fields of Specialization: Ayurvedic Medicine.
Lecturer, Emperor's College of Traditional Oriental Medicine, 1995.
Honorary visiting lecturer, Los Angeles College of Chiropractic, 1990-1998

**PARLA S. JAYAGOPAL, B.A.M.S., M.D. (AYUR)**
Chair, Department of Ayurvedic Medicine.
B.A.M.S., Bangalore University
M.D. in Ayurvedic Herbotherapy, Rajiv Gandhi University of Health Sciences
YTTC, Yoga Teacher’s Training, Atma Darshan, Bihar School of Yoga
Instructor, Indus Valley Ayurvedic Center, Mysore
Instructor, Ramakrishna Ayurvedic Medical College, Bangalore
Instructor, SDM college of Ayurveda, Udupi
Clinical experience:
Indus Valley Ayurvedic Centre, Mysore
Athreya Ayurvedic Care in Bangalore

**DR. NAREN德拉 PENDSE, B.A.M.S., M.D. (AYUR)**
B.A.M.S., University of Poona, Pune, India
M.D. (Ayur), Pune, India
Trained with internationally renowned senior Ayurvedic Consultant, Dr. B.P. Nanal, Pune
Trained with expert Ayurvedic Consultant, Dr. V.B. Mhaiskar in Vadodara, Gujarat State
Ayurvedic Physician, Sumati Ayurvedic Clinic & Panchakarma Centre, Pune, 1997-present
Private Practice as Ayurvedic Physician, Pune and Mumbai
Examiner, Undergraduate Dept., Ayurved Faculty, University of Poona, Pune, 1998-present
Member, Board of Studies, P.G. Nanal, Ayurved Dept. Tilak Maharashtra Vidyapeeth, Pune
Specialization: Kayachikitsa (Internal Medicine)

**SIVARAMA VINJAMURTY, M.D. (AYUR)**
Master of Acupuncture and Oriental Medicine, Southern California University of Health Sciences
Doctor of Medicine (Ayurveda), University of Kerala, India
CREDENTIALS:
California Acupuncture Board: Licensed Acupuncturist (L.Ac)
Ayurvedic medicine license, India
Faculty Member/ Research Projects Coordinator, Southern California University of Health Sciences
Research Associate, Integrative Medicine Program, University of Southern California
Consultant Ayurvedic Physician, Apollo Hospitals, India
Director, Herbal Product Development, Venkat Pharma, India
Consultant Ayurvedic Physician, Sri Nagerjuna Ayurvedic Clinic and Panchakarma Thera-py Center, India
Consultant Ayurvedic Physician, Tesla Diagnostics, India
Consultant Ayurvedic Physician, India Airlines, India
Speaker, Complementary and Alternative Medicine in World Ayurveda Congress 2002, Kochi, India

**DEPARTMENT OF CHINESE MEDICINE:**

**XIULING MA, PH.D., L.A.C.,**
Bachelor of Medicine, Traditional Chinese Medicine, Beijing University of Chinese Medicine, 1985. Valedictorian.
Master of Medicine, Acupuncture and Moxibustion, Beijing University of Chinese Medicine, 1991. Valedictorian.
Ph.D., Acupuncture and Moxibustion, Beijing University of Chinese Medicine.
License: Acupuncture, State of California.
Fields of Specialization: Chinese Internal Medicine, Acupuncture, Chinese Herbal Medicine.
Assistant Professor, Beijing University of Chinese Medicine, 1988 - 1995.
Professor, Emperor's College of Traditional Oriental Medicine, 1995 - present.
Professor, Sama University of Oriental Medicine, 1998 - present.
Author of five books and over 20 journal articles in acupuncture and Traditional Chinese Medicine.

**LIN CHAI, PH.D.**
Bachelor of Medicine, Traditional Chinese Medicine, Beijing Univ. of Chinese Medicine, 1988.
Ph.D., Traditional Chinese Medicine, Beijing University of Chinese Medicine, 1993.
Fields of Specialization: Chinese Internal Medicine, Acupuncture, Chinese Herbotherapy.
Director of Oriental Medicine, National College of Oriental Medicine, Orlando, FL.
Author/coauthor of four textbooks on Traditional Chinese and several published research studies.

**YANLING FU, PH.D. (CHINA), OMD, CHINA**
Ph.D., Beijing University of Chinese Medicine, 1989
MS, Hu Bei University of Chinese Medicine, 1986
BS, Hu Bei University of Chinese Medicine, 1982
Professor in Preclinical Medicine, Beijing University of Chinese Medicine, 1989-present.
Chief Physician, Internal Medicine - Beijing University of Chinese Medicine, 1989-present.
Fields of Specialization: Shang Han Lun (Treatise of Diseases Caused by Cold), Various Schools of Chinese Medicine, Zang Fu Diagnosis.
Author of a total of 44 books and journal articles.

**SHEILA GEORGE, M.D.**
Educational Background and Degrees Granted:
BA, Biology, Northeastern University, Boston, MA, 1976.
M.D., Howard University School of Medicine, 1984.
Montefiore-Valentine Lane Clinic, Yonkers, NY, Acupuncturist in Acupuncture Clinic.
Residency in Family Practice, Montefiore Medical Center, New York, 1984-1987.
Traditional Chinese Medical Pharmacology and Prescriptions with Ted Kaptchuk, 2-year Course.
Institute of Traditional Chinese Medicine, New York, NY, 3-year Program in Acupuncture.
Workshops with Jeffrey Yuen, Tai Qi Institute, 1991 - present.
Coursework in Research Design, Data Management, and Data Analysis, Albert Einstein College of Medicine, Bronx, NY, 1988.
Board Member, Inst. Review Committee of the Community Health Care Network, New York, NY, 1994-present.
Board Member, New York State Acupuncture Board, 1996 - present.

**ZHAOLIN LU**
Bachelor of Medicine, Beijing University of Chinese Medicine, 1965.
Field of Specialization: Various Schools of Chinese Medicine.
Professor of Chinese Medicine, Beijing University of Chinese Medicine, 1985-present
Assoc. Prof. of Chinese Medicine, Beijing College of Chinese Medicine, 1975-1985.
Assistant Prof. of Chinese Medicine, Beijing College of Chinese Medicine, 1965-1975.
Supervisor of candidates for the Doctoral Degree, 1985-present.
Committee Member, Chinese Medicine Degree Committee, People's Republic of China.
Committee Member, Chinese Technology Committee.
Commissioner, Chinese Medical Association.

**HAI HE TIAN, PH.D.**
Master of Medicine, Beijing University of Chinese Medicine and Pharmacology, 1990.
Fields of Specialization: Chinese Medicine, Chinese Medical Pharmacology.
Professor, Florida Institute of Traditional Chinese Medicine, 1997 - 1998.
Professor, China International Medical University, Beverly Hills, CA, 1998 - present.
Author of 14 books and numerous publications in research journals on TCM.

JIANGZHOU TIAN
Doctor of Medicine, Beijing University of Chinese Medicine, 1989
Master Degree, Hubei University of Medicine, 1986
Bachelor of Medicine, Jinhong Medical School, 1978
Field of Specialization: Neuropsychiatry and Neuropsychology for the Elderly and Traditional Chinese Geriatrics.
Professor, Beijing University of Chinese Medicine, 1994 - present.
Consultant Physician and Director of Care of the Elderly, Dong Zhi Men Hospital affiliated with Beijing University of Chinese Medicine, 1994 - present.
Visiting Professor, University of Recife, Brazil and Quito San Francisco University of Ecuatory, 1998.
Associate Professor and Deputy Director, Department of Care of the Elderly, Dong Zhi Men Hospital, 1992-1994.
Physician-in-Charge, Department of Neurology, Deputy Director of Postgraduate Office, Dong Zhi Men Hospital, 1989-1992.
Assistant Professor and Resident Physician, Hubei Province, Jingzhou Medical School, 1978-1983.
Author of 15 journal articles and three books in Chinese medicine and neuropsychiatric disorders.

QINGGUO WANG, PH.D. (CHINA), O.M.D. (CHINA)
Bachelor of Medicine, Liaoning Institute of Chinese Medicine, 1972
Master of Medicine, Beijing University of Chinese Medicine, 1985
Ph.D. in Medicine, Beijing University of Chinese Medicine, 1988.
Fields of Specialization: Pediatric applications of the Shang Han Lun (Treatise of Diseases caused by Cold); computer diagnostic systems in Traditional Chinese Medicine, Bupleurum and its use for cirrhosis and ulcerative colitis; clinical research; cholecystitis.
Vice President, Beijing University of Chinese Medicine, 1994-present.
Director, National Bureau of Chinese Medicine Control.
Vice President, Chinese Medicine Workshop Association.
Committee Member, Chinese Medicine Associate Basic Theory Committee.
Author of 14 national research topics, 13 books, and 17 other research articles.

YU YOU, O.M.D., PH.D., M.M. (CHINA), L.AC.
Bachelor of Medicine, Nanjing Medical College, People’s Republic of China, 1970.
Master of Medicine, Shanghai Medical University, People’s Republic of China, 1982.
Postgraduate Training, Department of Internal Medicine, Hua Shan Hospital, Shanghai Medical University, 1979-1982.
Advanced Study in Immunology, Department of Microbiology, Shanghai Medical University, 1984.
Advanced Study in Behavioral Medicine, Harvard Medical School and Shanghai University of Traditional Chinese Medicine, 1985.
Doctor of Oriental Medicine, South Baylo University, 1988.
Ph.D., Oriental Medicine, South Baylo University, 1990.
License: Acupuncture, State of California.
Fields of Specialization: Acupuncture, Chinese Medical Theory, Chinese Herbology.
Faculty Member, Samra University of Oriental Medicine, 1996 - present.
Clinic Director, Samra University of Oriental Medicine, 1996 - 1997.
Clinic Director and Associate Dean, Chinese Language Program, South Baylo University, 1993 - 1996.
Lecturer, Department of Internal Medicine, Shanghai Medical University, 1980-1986.

JEFFREY YUEN
Diplomate in Chinese Herbology, National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM)
88th Generation of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, ordained by 87th Generation Taoist Master Yu Wen.
26th Generation of Chuan Chen Lung Men Pai (Complete Reality School, Dragon Gate Sect), ordained by 25th Generation Taoist Master Lu Xin-Zu, recorded and recognized by the White Cloud Monastery, headquarters of Religious Taoism in Beijing, China.
Elected Professional Member, American Herbalist Guild
Consultant on Chinese Herbal Medicine, Lincoln Hospital Detox Clinic, New York, NY.
Consulting Editor, The Great Tao Magazine.
Contributing Editor, Tai Chi Journal.
Board of Advisors, White Lotus Study Group.
Board of Advisors, The Herb Letter.
Board of Advisors, American Taoist and Buddhist Association
President, International Tai Chi Institute.
Director and Professor, Department of Acupuncture and Oriental Medical Studies, Swedish Institute of Health Sciences, New York.
Mr. Yuen apprenticed for more than 20 years in Classical Chinese Medicine and other Taoist Healing Arts with Master Taoist Priest and Physician, Yu Wen, who transmitted his lineage to Mr. Yuen before the former’s death at age 108. Mr. Yuen is recognized internationally to be a Master of Classical Chinese Medicine, Taoism, Acupuncture, Chinese Herbology, Tai Ji Chuan, and Qi Gong. Fields of Specialization: Chinese Medical Classics, Acupuncture, Chinese Herbology, Chinese Medicine, Tai Ji Chuan, Qi Gong, Taoist Philosophy. He has served as a Guest Lecturer at Rockefeller University, City University of New York, San Francisco State University, Vassar College, and is the only non-M.D. acupuncturist on faculty for the American Association of Acupuncturists Physicians. In addition to teaching and directing the Acupuncture Master’s Degree program at Swedish Institute of Health Sciences, Mr. Yuen regularly provides Continuing Education lectures for Licensed Acupuncturists in Italy, California, and New York.

DEPARTMENT OF HOMEOPATHY:
JEANNE ZEEB, DHM, CHAIR, DEPARTMENT OF HOMEOPATHY.
Educational Background and Degrees Granted:
Diploma in Nursing (RN), LA County Hospital/USC School of Nursing, 1964.
Fields of Specialization: Homeopathy, Flower Essences, Nutrition.

CAROL BOYCE, BSC, MCH, LCH, DIP. HOM. THERAPEUTICS
BSc., Kings College, London
Ph.D. candidate, Kings College, London
Licenciate and Member, College of Homeopathy, London
Registered Practitioner, Society of Homepaths, UK
Practitioner of Homeopathic Medicine 1985- Present
Senior Lecturer & Chair, Patient Management Dept., College of Homeopathy, London 1988-1996
Supervisor of homeopathic students, London & Los Angeles
Examiner for membership in College of Homeopathy and in Royal Society of Homepaths, 1984-1996
Academic Board Member, Examination Board of College Council,
College of Homeopathy, 1988-1996
Founder/Director, Homeopathy Without Borders (Intl. non-profit homeopathic clinical and training organization with projects on four continents) 1992-1996

MURRAY C. CLARK, D.HOM., D.AOM., L.AC.
Undergraduate coursework, Flinders University, South Australia, 1978
Diploma, Computer Science, Auckland Technical Institute, New Zealand, 1983
Diploma of Acupuncture and Oriental Medicine, Emperor’s College of Traditional Oriental Medicine, 1987
Diplomate of Homeopathic Medicine, Hahnemann College of Homeopathy, London, 1991
Diploma of Homeopathy, Academy for Classical Homeopathy, Minneapolis, MN, 1993
Professor of Homeopathic Medicine, Samra University of Oriental Medicine, 1996-1997
Professor of Homeopathic Medicine, Emperor’s College of Traditional Oriental Medicine, 1994-1995
Coursework in Classical Homeopathy with George Vithoulkas, Alonnisos, Greece, 1981
Coursework in Classical Homeopathy with George Vithoulkas, New York, 1992
Consultant in the Psychiatric Application of Homeopathic Medicine, Institute of Psychosocial Medicine, Dublin, Ireland, 1998- Present
LUC DE SCHEPPER, M.D., PH.D., D.I.HOM., C.HOM., L.AC.
M.D., University of Ghent School of Medicine, Belgium, 1971.
Licensure: M.D., States of California, New Jersey, Colorado.
Fields of Specialization: Homeopathy.
Founder and Director, New School of Homeopathy, 1996 - present.
Author of 12 books on homeopathy and acupuncture, and numerous research journals.

RICHARD FARR, D.I.HOM.
Fields of Specialization: Homeopathy.
Author of over 30 published articles on homeopathy.
Research Consultant for Dolisos Homeopathic Pharmaceutical Company.

ASA HERSHOFF, DC, ND
Doctorate Chiropractic, Canadian Memorial Chiropractic College, Canada, 1974.
Doctorate of Naturopathic Medicine, Canadian College of Naturopathic Medicine, Canada, 1978.
License: Chiropractic and Naturopath.
Fields of Specialization: Homeopathy.
International Author and Lecturer in Homeopathy.

MAHARAT PATEL, DHMS, BHMS, M.D. (HOM.)
BHMS, Anand Homeopathic Medical College & Research Institute - Sardar Patel University, Gujarat, India, 1986.
DHMS, Anand Homeopathic Medical College & Research Institute - Sardar Patel University, Gujarat, India, 1994.
M.D. (Homeopathy), Ahmedabad Homeopathic Medical college, Deemed University - Janardan Nagar Rajasthan Vidyashram, India, 2004.
Delegate, Council for Homeopathic Certification.
Life Member, Asian Homeopathic Medical League.
Life Member, Homeopathic Association of India.
Member, Claremont Wellness Professionals.

URVI RADIA, BHMS
BHMS, Sardar Patel University, India, 2000.

DEPARTMENT OF PSYCHOLOGY:

JUDITH HOLLOWAY, PH.D.
M.A. General/Experimental Psychology, California State University Northridge, 1981.
Assistant Professor, California School of Professional Psychology, 1996-Present.
Adjunct Faculty, Antioch Southern California at Los Angeles, 1998-Present.
Staff Psychologist, California School of Professional Psychology, 1995-1996.
Adjunct Assistant Professor, California School of Professional Psychology, 1992-1995.

KATHRYN P. WHITE, PH.D., L.AC.
AB with Honors and Distinction, Vassar College, Poughkeepsie, NY, 1974.
MA, Journalism, University of North Carolina at Chapel Hill, 1981.
Ph.D., Clinical Psychology, University of North Carolina at Chapel Hill, APA-accredited program, 1982.
Postdoctoral Fellowship in Clinical Psychology, UCLA Medical School and Neuropsychiatric Institute, 1982-1983.
Master of Traditional Oriental Medicine, Emperor's College of Traditional Oriental Medicine, 1994.
Acupuncture Intern, Shanghai Mental Health Center and Shanghai People's Hospital Number Six, Fall, 1992.
Internship in Homeopathic Clinics, Bombay, India, Fall, 1993.
Certificate Program Coursework in Ayurvedic Medicine, Vedic Institute.
Doctor of Oriental Medicine, State of New Mexico.
Fields of Specialization: Clinical Psychology, Health Psychology, Acupuncture and Classical Chinese Medicine, Homeopathy.
Teaching Fellow, Department of Psychology, University of North Carolina at Chapel Hill, 1980-1981.
Assistant Clinical Professor of Medical Psychology, UCLA Medical School, 1983 - present.
Instructor (1983-), Assistant Professor (1984-1989), Associate Professor (1989-1999), Professor (1999-present), and Former Coordinator, Individual and Family Clinical Psychology Track, California School of Professional Psychology, 1983 - present.
Academic Dean, Emperor's College of Traditional Chinese Medicine, 1994-1996.
Academic Dean, Samra University of Oriental Medicine, 1996-1999.
Secretary and Executive Board Member, Council of College of Acupuncture and Oriental Medicine, 1996-1999.
President and Chief Academic Officer, American University of Complementary Medicine, 1999 - 2010.

DEPARTMENT OF NUTRITIONAL MEDICINE:

DIANA NOLAND, RD, MPH, CCN
M.P.H., Loma Linda University, California, 1972.
B.S. Nutrition, University of Utah, Utah, 1970.
Certified Clinical Nutritionist, Clinical Nutrition Certification Board.
Registered Dietitian, American Dietetic Association.
Member, California Dietetic Association.
Member, American Diabetes Association.
Member of American Society for Parenteral and Enteral Nutrition.
Member of Sports, Cardiovascular and Wellness Nutritionists, ADA Practice Group.
Member of Nutrition in Complementary Care, ADA Practice Group.
Faculty, University of the District of Columbia, Food and Nutrition Dept., 1978.

MARLA L. SCRIPTER, D.C., R.N.
B.S. in Human Biology, Cleveland Chiropractic College, Los Angeles, Calif., 2001.
Affiliations:
American Public Helath Association-Chiropractic Health Division.
American Chiropractic Association.
California Chiropractic Association.
International Foundation for Nutrition and Health.
O.N.E. Research Foundation.

CHARLES ROSENBERG, M.S., C.N.
Private practice, nutritional counseling, 1997-present.
Adjunct Faculty, nutrition, Bastyr University, Seattle, 1997-2000.

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Acting Director of Research, California School of Professional Psychology, 1993.
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Adjunct Professor, Samra University of Oriental Medicine, 1993 - present.
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Author of three books on auriculotherapy and 22 journal articles.

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Honors & Awards
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Mackenzie Award, 2000-2003
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Young Investigators Award, Kern Aspen Lipid Conference, 2003
WSCI, WAFMAR, WAP-EE Osgood Award Winner for Outstanding abstract, 2003
UCLA Auxiliary Scholarship Recipient, 2002
WAFMR, WSCI, WSPR Award in Metabolism-Lipid/Diabetes Research, 2002
Johnson F. Hammond Memorial Scholarship, 2002
American Heart Association Medical Student Research Fellowship, 2001

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